

TRAVEL GUIDE 2018  
**HARSTAD**  
REGION



VISIT  
HARSTAD

WELCOME TO

# HARSTAD

- Your adventure awaits!

Harstad is situated in the middle of Northern Norway - strategically placed at the entrance to Vesterålen and Lofoten. We invite you to a region of unforgettable nature experiences. A rugged, but accessible mountain landscape - magnificent views and a rich archipelago. Find a peaceful place of your own, drink clean water from sparkling rivers, and fish from mountain lakes and the sea.

We have gathered much of what the Harstad region has to offer, including activities, adventures, accommodation, dining - and much more!

WELCOME!

For more information about the Harstad region visit us at [www.visitharstad.no](http://www.visitharstad.no)



**VISIT HARSTAD**, Sjøgata 1 B. Tel: +47 77 01 89 89  
post@visitharstad.no - [www.visitharstad.no](http://www.visitharstad.no)





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# TRAVEL TO HARSTAD

## EXPRESS BOATS

Troms fylkestrafikk, customer service Harstad: Tel: (+47) 77 78 84 96

Tromsø - Finnsnes - (Brøstadbotn - Engenes) - Harstad: [www.tromskortet.no](http://www.tromskortet.no)  
Harstad - Bjarkøystedene - Senja: [www.tromskortet.no](http://www.tromskortet.no)

## HURTIGRUTEN

Hurtigruten, Tel. (+47) 810 30 000 - [www.hurtigruten.no](http://www.hurtigruten.no)

### The Hurtigruten arrives daily at Harstad.

Arrival/departure of northbound ship: 06.45-07.45  
Arrival/departure of southbound ship: 07.45-08.30

## FERRIES

### Torghatten Nord

Route Information Troms: Tel: 177  
[www.torghatten-nord.no](http://www.torghatten-nord.no)

Refsnes-Flesnes/ Stangnes - Sørrollnes/ Stornes - Bjørnerå/ Grytøy - Sandsøy- Bjarkøy

## REGULAR BUS SERVICE

Boreal Buss AS, Tel: (+47) 78 40 70 00 - [www.boreal.no](http://www.boreal.no)

Comprehensive route network throughout the entire region, as well as the rest of the country.

## ROUTE INFORMATION / ROUTE PLANNING

Troms fylkestrafikk, Route Information, Tel. (+47) 177  
(+47) 77 78 84 96 (customer service Harstad) - [www.tromskortet.no](http://www.tromskortet.no)

### Torghatten North (Ferries)

Tel. (+47) 906 20 700 / Booking: (+47) 908 20 700 - [www.torghatten-nord.no](http://www.torghatten-nord.no)

## BY AIR:

### Avinor Harstad/Narvik Airport, Evenes

Tel: (+47) 67 03 41 00 - [www.avinor.no/lufthavn/harstad](http://www.avinor.no/lufthavn/harstad)

## Airlines:

[www.sas.no](http://www.sas.no) - [www.norwegian.no](http://www.norwegian.no) - [www.wideroe.no](http://www.wideroe.no)

## AIRPORT EXPRESS BUS

Airport express bus from Harstad/Narvik (Evenes) to Harstad city centre.  
[www.flybussen.no/Harstad/](http://www.flybussen.no/Harstad/)

Schedule corresponds with the flight times of SAS and Norwegian, but not Widerøe.



## Rental car in Harstad?

Europcar has a wide range of both cars and vans. Contact us and we will find a rental most suited for your need!

Samagata 33, 9403 Harstad  
+47 770 18 610 (directly)  
[harstad@europcar.no](mailto:harstad@europcar.no)

[www.europcar.no](http://www.europcar.no)  
+47 815 51 800 (central)  
[post@europcar.no](mailto:post@europcar.no)

**Europcar**  
moving your way



- E-road
- County Road
- Municipality borders
- Region/County borders
- Hurtigruten coastal express
- Express boat
- Train
- ✳ Lighthouse
- 🏞 Bird cliffs
- ⛖ Mountain lodge
- ✈ Airport
- 🛣 Road number
- 🌳 National park

## TOURIST INFORMATION

	R5 <b>Lundbrygga touristinformation</b> Lundbrygga, Sjøvegan	(+47) 40 02 84 88	E-MAIL / WEBSITE turistinformatjon@stmu.no www.stmu.no	SEASON 29.06-13.08
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© Arne Widding

### SYMBOLS

- Prices are per person in NOK, presented as "adults / children". Prices labelled "0 NOK" = on one's own / single activities free. If needed, contact us for more information.
- A1 Map reference / location
- 30 Indicates season / period, when the product is available.
- Number of beds / accommodation
- Number of rooms / accommodation
- Capacity / conference
- Seats / dining
- Company
- Location / Place

# INFORMATION

## EMERGENCY NUMBERS

Fire station: 110  
Police emergency number: 112  
Medical emergency number: 113

## RECOVERY SERVICES: NAF (The Norwegian Automobile Association)

Emergency number: 08505

## Viking Recovery Services

Emergency number: 06000

## Falck Norway

Emergency number: 02222 / (+47) 81 56 88 88

## GENERAL BUSINESS HOURS

### Banks:

Monday - Friday 10.00 - 15.00

### Main post office:

Weekdays 09.00 - 18.00.  
Saturday 10.00 - 15.00.

## Vinmonopolet Harstad

(sale of wine and spirits):

Monday - Wednesday 10.00-17.00  
Thursday - Friday 10.00-18.00  
Saturday 10.00-15.00

## Vinmonopolet Evenskjer:

(sale of wine and spirits):

Open Monday-Saturday

## SHOWER / LAUNDRY

Kaikanten Mat and Catering AS at Sjøgata 8 offers the following services to boat guests and tourists: Showers, restrooms and coin-operated laundry and dryers, in addition to food and drinks for sale.

### Open:

Monday - Thursday 11.00 - 24.00,  
Friday - Saturday 11.00 - 04.00,  
Sunday 11.00 - 24.00.

## LUGGAGE STORAGE

Coins can be used in storage lockers in the terminal at the express boat dock.

## PARKING

Coins and credit cards can be used in parking meters in Harstad city centre. Parking fee applies Monday - Friday 08.00 - 17.00 and Saturday 08.00 - 15.00. Sundays free.

Long-term parking up to 1 week at municipal parking spaces is possible at the following locations: Fisketorget, Kaikanten Mat and Catering AS, the carpark at Havnegata, Trekanten carpark by Grottebadet and the carpark by Amfi Bertheus.

Parking outside the city is free throughout the region!

## TRANSPORT

		PASSENGER VAN	MINIBUS	BUS	CHARTER BUS	TAXI	PLANE TRIP	BOAT PRODUCTION	RIB	ELECTRIC SCOOTER	E-MAIL / TELEPHONE	SEASON
09	<b>Avinor</b> Harstad/Narvik lufthavn, Evenes					•					post@avinor.no (+47) 81 530 550	01.01 - 31.12 www.avinor.no
N6	<b>Harstad Taxi</b> Klubbevegen 9, Harstad		•			•					post@harstadtaxi.no (+47) 77 04 10 00	01.01 - 31.12 www.harstadtaxi.no
N6	<b>Bilutleie Nord AS, AVIS/Budget</b> Evenes & Harstad / Narvik lufthavn, Evenes	•	•	•							harstad@avis.no/evenes@avis.no (+47) 77 06 19 45	01.01 - 31.12 www.avis.no
N6	<b>Hertz bilutleie,</b> Evenes & Harstad / Narvik lufthavn, Evenes	•	•	•							harstad@hertzharstad.no (+47) 90 08 22 28 / Evenes: (+47) 41 58 22 28	01.01 - 31.12 www.hertz.no
N6	<b>Europcar Bilutleie</b> Evenes & Harstad / Narvik lufthavn, Evenes	•	•	•							harstad@europcar.no (+47) 77 01 86 10 / Evenes: (+47) 76 98 21 20	01.01 - 31.12 www.europcar.no
N6	<b>Boreal Buss AS</b> Avd. Harstad			•	•		•				buss.harstad@boreal.no (+47) 95 19 29 96	01.01 - 31.12 www.boreal.no
09	<b>Evenes buss</b> Liakollveien 16, Liland	•	•	•	•	•	•				frank.blix@online.no (+47) 76 98 26 00 / (+47) 920 13 329	01.01 - 31.12 www.evenesbuss.no
N6	<b>B&amp;B Touring</b> Sjøgata 1, Harstad						•	•			post@bbtouring.no (+47) 95 48 67 78	01.01 - 31.12 www.bbtouring.no
K10	<b>Lødingen skysstbåtservice</b> Rinøyvåg, 8412 Vestbygd				•		•				charterboat@lsbs.no (+47) 76 93 54 09	01.01 - 31.12 www.lsbs.no
P5	<b>Andørja Adventures</b> Engenes				•			•			terje@andorja-adventures.com (+47) 99 44 16 55	01.01 - 31.12 www.andorja-adventures.com
N4	<b>Valhall</b> Nordlysveien 134, Krøttøy		•				•	•	•		post@valhall.no (+47) 77 09 00 00	01.01 - 31.12 www.valhall.no

# Travel with us!

Lean back in your seat,  
relax and enjoy the trip –  
Boreal will drive you to the  
best experiences!

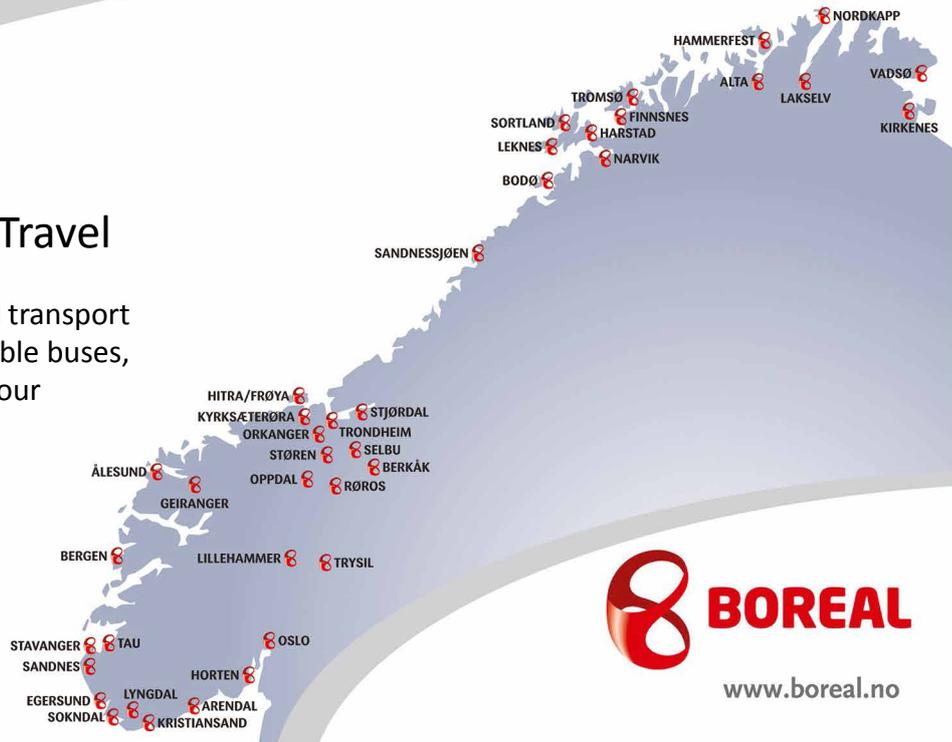


## Welcome to Boreal Travel

We provide safe and punctual transport  
with our network of comfortable buses,  
ferries and fast boats that tie our  
beautiful region together.

For tour bus/boat booking:  
[tur@boreal.no](mailto:tur@boreal.no)

Tel.: +47 51 56 41 00



[www.boreal.no](http://www.boreal.no)

Frageprøve 14-15



Harstad Havn KF



Picture sailing in to our gorgeous guest  
harbour on a warm summer's day.

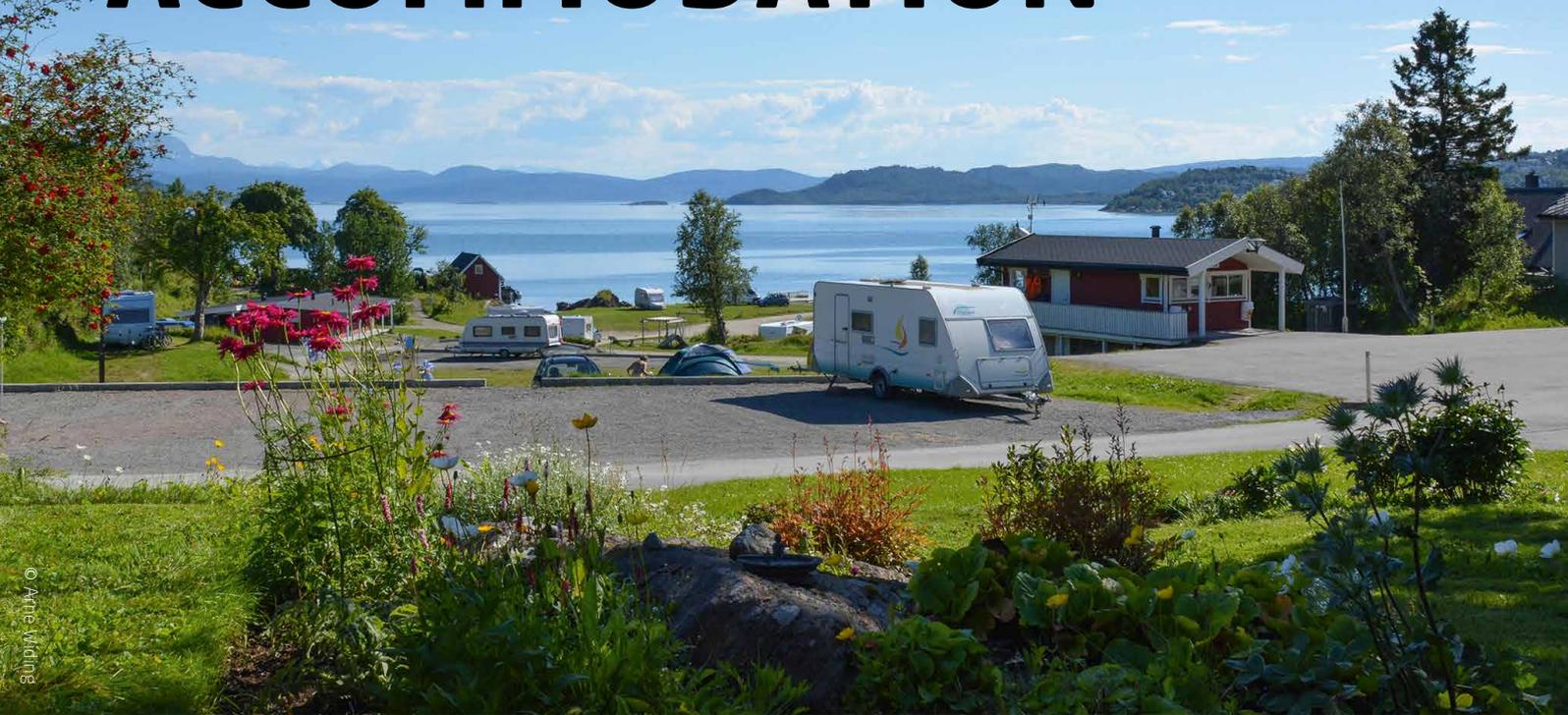
Minutes away from concert venues,  
restaurants, cafés, niche boutiques and  
a vibrant local life.

Contact Harstad Havn KF:  
[havnevakta@harstad.kommune.no](mailto:havnevakta@harstad.kommune.no)  
(+47) 77 00 12 12

Contact Visit Harstad:  
[post@visitharstad.no](mailto:post@visitharstad.no) / 77 01 89 89



# ACCOMMODATION



Harstad offers excellent and varied accommodation. You can choose to stay in the city centre, just outside town, or in the more scenic areas of the region. Why not spend the night in the archipelago?

Hotels, boathouse facilities, guesthouses, rooms to let, campsites suited for motorhomes, caravans and tents are all available here. There are opportunities to spend the night in a lavvo.

Harstad Hiking Association offers 9 excellent, unmanned cabins with several beds.



© Clarion Collection Hotel Arcticus



© Scandic Hotel Harstad



© Thon Hotel Harstad





# GOURMET-HARSTAD

*– a culinary Mecca for food lovers!*

*Every country has a region uniquely attractive to those who appreciate good food and drink. Harstad – at the very heart of Northern Norway – has in recent years developed into such a place. Domestic and international food experts have come to visit the city, and have offered glowing appraisals of how fresh local produce is matched with international ingredients. The close contact between the restaurants and wine producers and importers has taken the level of quality to even greater heights, with wines in perfect harmony with the dishes served. There has been no shortage of praise from professionals and guests, and experts have written five-star reviews in both newspapers and professional journals.*

## RØKENES MANOR

*– a culinary, historical and cultural gem!*

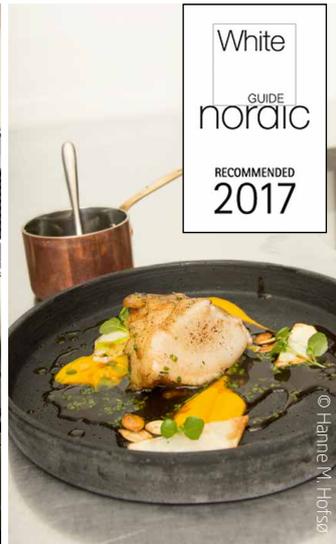
Only six kilometres from Harstad, surrounded by beautiful countryside, you will find this historic property that has been run by the past ten generations of the Kulseng family, dating all the way back to 1673. The main building from 1750 is a wonderful example of the typical architecture of the region of Trøndelag, while the cow barn, now housing the Harr gallery, dates back to 1899. The manor has paid host to royal guests since the 18th century. There are so many reasons why you should book your next trip – and your next event – at Røkenes Manor! [www.roekenesgard.no](http://www.roekenesgard.no)



# RESTAURANT DE 4 ROSER

– a flagship among the region’s restaurants!

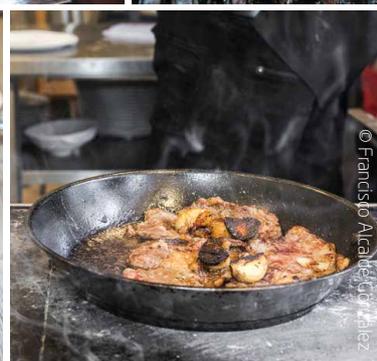
Someone has to lead the way. And when Northern Norway decided to actively make use of its natural resources to create the most exquisite dishes based on local produce and top culinary expertise, De 4 Roser (The 4 Roses) restaurant was established in Harstad on 8 March 1996. The goal was to create a restaurant that would “shine” – even beyond the borders of the region. And they have succeeded. Today, De 4 Roser is considered to be one of the country’s foremost restaurants based on the quality of the food and wine, and on the highly skilled staff. [www.de4roser.com/harstad/](http://www.de4roser.com/harstad/)



# BARK SPISERI

Visit Bark Spiseri & Bar for friendly service, a continental atmosphere, and not least, a delicious meal. We offer exquisite and delicious home cooking made from the very best raw ingredients from North Norwegian nature. Accompanied by a variety of premium drinks, such as locally brewed beer from Harstad’s own brewery, as well as Bark’s own wine, from France. We strongly believe that those who eat and drink well, live well. We also believe that it is good to share a good meal with others in cosy surroundings. We wish you a warm welcome for lunch, dinner and tapas, or a nice stop at the bar. Come alone or bring your friends, your loved ones, or business connections. You will always experience North Norwegian hospitality with us.

[www.barkspiseriobar.no](http://www.barkspiseriobar.no)





## CAFÉ DE 4 ROSER

A European style Café/Bar/Bistro serving food, wine and coffee. For the fourth year in a row, De 4 Roser has been included in White Guide Nordic as one of the best restaurants in the Nordic region.

[www.de4roser.com](http://www.de4roser.com)

## HOELSTUEN

– *The embodiment of the joy of food!*

Hoelstuen is in the middle of Harstad square in one of the oldest townhouses in the city, dating back to 1895. Cafes and restaurants have been run in the building ever since 1933. Today, one of the best gourmet restaurants in the region is operated here, with a particularly close and friendly staff. You will be served the finest courses in gorgeous surroundings, while still feeling at home and at ease. The servers and chefs ensure that you and yours personally receive the excellent quality and warm service Hoelstuen is renowned for. [www.hoelstuen.com](http://www.hoelstuen.com)



## DINING

		RESTAURANT	CAFE	ROADSIDE DINER	BISTRO	VENUE BOOKING	LAVU/GAMME (TURF HUT)	BAR / PUB	LICENSED BAR	FISH / SEAFOOD	DRY FISH	WHALE	KING CRAB	REINDEER	OTHER GAME	LOCAL FOOD	VEGETARIAN	CHILDRENS' MENU	ARCTIC MENU	THE ROOTS TER	NORWEGIAN	OLAVSROSA	CATERING	ORGANIC	VEGAN/STAMP	SEASON	CAPACITY	
N6	<b>De 4 Roser</b> Torvet 7 b, Harstad	•				•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	30	01.01-31.12	50 <a href="http://www.de4roser.no">www.de4roser.no</a>
N6	<b>Cafe De 4 Roser</b> Torvet 7 b, Harstad		•			•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	30	01.01-31.12	70 <a href="http://www.de4roser.no">www.de4roser.no</a>
N6	<b>Umami</b> Havnegata 23 a, Harstad					•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	30	01.01-31.12	20 <a href="http://www.umamiharstad.no">www.umamiharstad.no</a>
N6	<b>Hoelstuen</b> Rikard Kaarbøs Plass 4, Harstad					•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	30	01.01-31.12	50 <a href="http://www.hoelstuen.no">www.hoelstuen.no</a>
M6	<b>Røkenes Gård og Gjestehus</b> Stornesveien 127, Røkenes					•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	30	01.01-31.12 (01.06-20.08)	300 <a href="http://www.roekenesgaard.no">www.roekenesgaard.no</a>
N6	<b>Bark Spiseri &amp; Bar</b> Rikard kaarbøsgate 6, Harstad					•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	30	01.01-31.12	70 <a href="http://www.barkspiseriogbar.no">www.barkspiseriogbar.no</a>
N6	<b>Café Chocolat</b> Rikard Kaarbøs gate 2, Harstad					•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	30	01.01-31.12	70 <a href="http://www.chocolat.no">www.chocolat.no</a>
N6	<b>Egon Restaurant</b> Sjøgata 11, Harstad					•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	30	01.01-31.12	140 <a href="http://www.egon.no">www.egon.no</a>
N6	<b>Ming Restaurant AS</b> Rikard kaarbøsgate 18, Harstad					•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	30	01.01-31.12	90 <a href="http://www.kinarerestaurant.no">www.kinarerestaurant.no</a>
N6	<b>Torbjørns Catering</b> Fruhallam 1, Harstad					•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	30	01.01-31.12	- <a href="http://www.torbjorns-catering.no">www.torbjorns-catering.no</a>
N8	<b>Tjeldsundbrua Kro &amp; Hotell</b> Tjeldsundbrua 214, Evenskjer					•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	30	01.01-31.12	200 <a href="http://www.tkh.no">www.tkh.no</a>
N8	<b>Sandtorgholmen Hotel</b> Sandtorg, Tennevoll, Lavangen					•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	30	15.03-20.12	100 <a href="http://www.sandtorgholmen.no">www.sandtorgholmen.no</a>
N4	<b>Valhall</b> Nordlyseveien 134, Krøttøy					•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	30	01.01-31.12	60 <a href="http://www.valhall.no">www.valhall.no</a>
N6	<b>Harstad Villmarksenter</b> Heggenkollen, Harstad					•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	30	01.01-31.12	120 <a href="http://www.visitharstad.no">www.visitharstad.no</a>



# ATTRACTIONS

The Harstad region is home to a number of historical sites spanning several eras and historic events. The Viking Age, the Middle Ages, World War II and the old engineering industry in Harstad are well-represented with local history tied to each attraction.

On the Trondenes peninsula you will find the world's northernmost medieval stone church (approx. 1250), one of the largest land-based guns from World War II, Viking sites and the Trondenes Historical Centre. The latter presents the Harstad region's history, starting from the early Stone Age up to the present day.

The schooner Anna Rogde, the pride of the city and a cultural treasure, is also an important part of Harstad. Dating back to 1868, the ship is the world's oldest operational schooner.

The Evenskjer trading post sits at an attractive location at Tjeldsundet between Evenes and the Tjeldsundbrua bridge, and has two access points from the E10. You can find a pharmacy, Vinmonopol (wine and liquor store), petrol station, café/eatery, two grocery stores and other stores here.

In the municipality of Tjeldsund you will find both relics from the Viking Age and the sculpture "Media Thule". One of the most impressive Viking weapons ever found is from Tjeldøya, and a replica is on display at Tjeldsund museum.

Outside of Harstad lies Nupen, a popular vantage point for watching the Midnight Sun. It was awarded the title "Norway's most romantic place to see the Midnight Sun" by a renown travel magazine.

**THE ADOLF GUN (ADOLFKANONEN)**  
The cannon was built by German occupation forces during World War II. Regular tours three times a day during peak season. Also available by request all year round.

**30** 01.01 > 31.12 **NOK** 100/50

**Visit Harstad**, Trondenes Fort, Trondenes, Harstad (+47) 77 01 89 89



**N6**

post@visitharstad.no  
 www.visitharstad.no

18780 © GRC DAGSVOLD

### TRONDENES HISTORICAL CENTRE

Experience the history of the Harstad region from the early Stone Age to the modern day, focusing on the Viking Age, Middle Ages and Second World War. Café and gift shop. Terrace with panoramic views.

30 01.01 > 31.12



N6

**Sør-Troms Museum**, Trondenesveien 122  
Trondenes, Harstad (+47) 77 01 83 80

@ booking@stmu.no  
www.stmu.no

8438 © BØRGE MÅSDEN

### HEMMESTAD WHARF - SØR-TROMS MUSEUM

At Hemmestad stands an ochre-coloured gem by the sea. Here, time has stood still for nearly 200 years. History is all around you. Immerse yourself in the maritime atmosphere, idyllic nature and exhibitions. Thu-sun kl. 11-17.

30 26.06-12.08



M7

**Hemmestad Brygge**  
Hemmestad, Kvæfjord (+47) 77 01 83 80

@ booking@stmu.no  
www.stmu.no

19373 © SIGRID SCHROEDER

### TRONDENES CHURCH

The world's most northerly stone church, dating from late medieval times (1250). The church is situated amidst beautiful surroundings and features several artworks and a beautiful interior. Guided tours by request, available all year.

30 01.01 > 31.12



N6

**Trondenes Kirke**, Trondenesveien  
Harstad (+47) 77 01 89 89

@ post@visitharstad.no  
www.visitharstad.no

19505 © SIGRID SCHROEDER

### NUPEN VIEWPOINT

Popular excursion area, most famous for its view of the Andfjord and midnight sun. Voted "Norway's most romantic spot". In winter, a perfect place to see the Northern Lights and clear starry skies.

30 01.01 > 31.12



M6

**Visit Harstad**  
Kvæfjord (+47) 77 01 89 89

@ post@visitharstad.no  
www.visitharstad.no

4723 © -

### HARSTAD CHURCH

Harstad separated from Trondenes as a parish on 1 July 1954. Four years later, on 3 August 1958, Harstad church was consecrated and opened to the public. The architect was Jan Inge Hovik, designer of the Arctic Cathedral. Guided tours by appointment all year.

30 01.01 > 31.12



N6

**Harstad Kirke**  
Åsveien, Harstad (+47) 77 01 89 89

@ post@visitharstad.no  
www.visitharstad.no

19508

### KVÆFJORD CHURCH

Long church built from timber and consecrated the 30th of July 1867. The pulpit and altarpiece date from the 1700s.

30 01.01 > 31.12



M7

**Kvæfjord Kirke**  
Kirkeveien 2, Borkenes (+47) 77 02 21 50

@ -  
kvafjord.kirken.no

19572

### WOODEN CHURCH FROM 1893

St. Sunniva Catholic Church St. Sunniva is simply adorned, with a crucifix and an antependium on the altar, as well as with statues of the Virgin Mary, Saint Joseph and Saint Sunniva. There are approx. 80 seats in the church.

30 01.01 > 31.12



N6

**Den Katolske Kirke St. Sunniva**  
Skolegata 4, Harstad (+47) 77 06 36 96

@ ruth.michelsen@gmail.com  
www.katolsk.no

19579

### SKÅNLAND CHURCH - EVENSKJER

Large, beautiful, wooden long church, constructed in a magnificent Basilica style in 1901. Architect: Carl J. Bergstrøm. Open to visitors by appointment.

30 01.01 > 31.12



N8

**Skånland Kirke**  
Evenskjer (+47) 77 08 95 37

@ kirkenorge@vl.no  
skanlandkirke.kirkenorge.no

19509

### GALLERY OF NORTHERN NORWAY

Interested in seeing relevant contemporary art in the region's most beautiful gallery? Add the Gallery of Northern Norway to your itinerary. Exhibition programme available at www.gallerinn.no. Opening hours: Thurs: 15:00-18:00, Fri: 12:00-18:00, Sat: 12:00-15:00

30 01.01 > 31.12



N6

**Galleri Nord-Norge**  
Normannsgt 1, Harstad (+47) 77 02 81 00

@ gallerinn@gallerinn.no  
www.gallerinn.no

19568

### TOVIK CHURCH

Exquisite wooden long church from 1905, lavishly adorned, and containing many old cultural treasures. Architect: N. Saxegaard.

30 01.01 > 31.12



N8

**Tovik Kirke**  
Tovik, Skånland (+47) 77 08 95 35

@ kirkevergen@skanland.kommune.no  
www.kirken.no

19531 © JACOB EITRHEIM

### SANDTORG OPEN AIR MUSEUM

This local open air museum is comprised of seven buildings. The main building, "Ursinstua", was built in 1789, and offers a glimpse into the lives of earlier Northern Norwegian farmers and fishermen. Open by appointment.

30 01.01 > 31.12



N8

**Sør-Troms Museum**  
Sørvik, Harstad (+47) 77 01 83 80

@ booking@stmu.no  
www.stmu.no

19142

### ARTSCAPE NORDLAND

The "7 magical points" sculpture is situated down by the water's edge on the RØ25 road towards "Brattbergan"/Grovfjord, and is a part of Artscape Nordland. Beautiful and mystical circular iron sculpture, 7 metres in diameter, 25 tonnes. Artist: Martti Aiaha.

30 01.01 > 31.12



N8

**Skulpturlandskap Nordland**  
Skånland Kommune, Evenskjer (+47) 77 08 95 10

@ post@skanland.kommune.no  
www.skanlandkommune.no

19511

### SKJÆRSTAD HERRING OIL FACTORY

Opened in 1922, and was only operational for 6 years. Since then, the factory has remained untouched, and is today Norway's only completely intact herring oil factory from the early 1900s. Open by appointment.

30 01.01 > 31.12



M6

**Skjærstad Sildoljefabrikk**  
Skjærstad, Harstad (+47) 77 01 83 80

@ booking@stmu.no  
www.stmu.no

19133

### HELLEREN POWER STATION MUSEUM

Put into operation in 1958, this power station is an enormous low-pressure hydroelectric plant. The machinery is unique in Norway!

30 01.01 > 31.12



N8

**Sør-Troms Museum**  
Helleren, Skånland (+47) 77 01 83 80

@ booking@stmu.no  
www.stmu.no

19144

### "ANNA ROGDE"

The "Anna Rogde", from 1868 has been kept in perfect condition, thanks to many years of maintenance by skilled and passionate volunteers! We dare claim that she is one of the world's largest maritime cultural treasures still in operation - and of course, the pride of Harstad!

30 01.01 > 31.12



N6

**"Anna Rogde"**  
Trondenesv. 122, Harstad (+47) 77 01 83 80

@ booking@stmu.no  
www.stmu.no

19558

### BJARKØY CHURCH

A beautiful wooden cruciform church from approximately 1765. Initially built on Sandsøy Island, the church was moved in 1886.

30 01.01 > 31.12



N4

**Bjarkøy Kirke**  
Bjarkøy, Bjarkøy (+47) 77 01 65 00

@ post@kiha.no  
www.kiha.no

19554

### OLE OTTESASTUA

This typical Northern Norwegian building on Bjarkøy dating back to approx.1870, gives us a glimpse of the cramped living conditions common until the 1960s. This building housed up to nine people. Open by appointment.

30 01.01 > 31.12



NOK



N4

Sør-Troms Museum  
Øvergård, Bjarkøy

(+47) 77 01 83 80

booking@stmu.no  
www.stmu.no

19143

### TRASTAD COLLECTIONS

A unique museum and gallery. Experience our collections of outsider art / raw art / art brut, from Trastad Gård's institutional period and more. Open upon request all year round.

30 03.07-05.08  
Tuesday - sunday



NOK  
85/55/0



M7

Sør-Troms museum, Oscars veg 6,  
Borkenes

(+47) 77 01 83 80

booking@stmu.no  
www.stmu.no

19339

### SALANGEN OPEN AIR MUSEUM

A taste of the good old days in idyllic surroundings. The museum is comprised of 7 buildings: farmhouse, a livestock barn, a feed storage barn, a storehouse, stables and a mill. The farmhouse "Limostua" was built in 1870.

30 01.01 > 31.12



NOK



RF

Sør-Troms Museum, Prestbakken,  
Øvre Salangen

(+47) 77 01 83 80

booking@stmu.no  
www.stmu.no

19313

### ASTAFJORD CHURCH

Modern working church built in 1978 using Leca blocks and concrete. Architect: Harald Hille.

30 01.01 > 31.12



NOK  
0



O9

Astafjord Kirke  
Grovfjord, Grovfjord

(+47) 77 08 83 69

@ -  
@ -

19352 © JACOB ETRHEIM

### LUNDBRYGGA WHARF

A taste of coastal culture in Salangen. Exhibits, tourist information and a Retro café in the middle of Sjøvegan centre. Opening hours: Tue - Sun at 11:00 - 17:00, and by arrangement.

30 28.06 > 12.08



NOK



RF

Lundbrygga  
Salangen

(+47) 77 01 83 80

booking@stmu.no  
www.stmu.no

19544

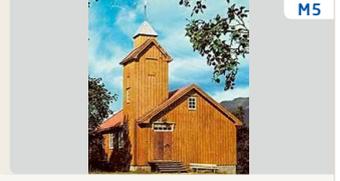
### HANS EGEDES MINNE

Eignes Chapel, also known as Hans Egedes minne (Hans Egedes Memorial), is a long church built in 1985. The chapel is located 30 km by car from central Harstad.

30 01.01 > 31.12



NOK  
0



M5

Hans Egedes Minne  
Eignesnes

(+47) 77 01 65 00

post@kiha.no  
www.kiha.no

19391

### GALLERY - HANDICRAFTS AND PAINTINGS

Exhibitions by Karl Erik Harr, as well as pictures of Eva and Jan Harr in rural surroundings, all displayed in an old-fashioned barn. Handicrafts for sale at the old barn bridge. A Northern Norwegian eatery on an old farm. All year, by advance appointment.

30 01.01 > 31.12



NOK  
0



M6

Røkenes Gård og Gjestehus  
Stornesv. 127, Røkenes

(+47) 77 05 84 44

rgaard@online.no  
www.roekenesgaard.no

19307 © ASTA HANSEN

### SANDSØY CHURCH

The church was completed in 1888, and was built by Sandsøy locals after the cruciform church was moved to Bjarkøy.

30 01.01 > 31.12



NOK  
0



N5

Sandsøy Kirke  
Sandsøy

(+47) 77 01 65 00

post@kiha.no  
post@kiha.no

19353

### TJELDSUND MUSEUM

Schoolhouse and teacher/parish clerk residence from 1869. Exhibition of artefacts from this time period. The museum also has an exact replica of the Steinvik sword.

30 01.01 > 31.12



NOK



M9

Tjeldsund Museum  
Tjeldnes, Tjeldøya

(+47) 76 93 76 44

@ -  
www.tjeldsund.kommune.no

19393

### MELØYVÆR FORT

A relic from the Cold War. Its construction was completed in 1988, and is equipped with three 120 mm Bofors-guns and a command post. Until recently, the fort was one of Norway's best-kept secrets. Open all year by appointment.

30 01.01 > 31.12



NOK



N4

Sør-Troms Museum  
Meløyvær, Meløyvær

(+47) 77 01 83 80

booking@stmu.no  
www.stmu.no

19312

### TJELDSUND CHURCH

At Hov. A beautiful long church consecrated in 1901. Baroque altarpiece from the 1700s. The organ was built in 1861, and it has stood in the church since 1931. It is one of the most valuable historical instruments in the country. Open by appointment.

30 01.01 > 31.12



NOK  
0



M9

Tjeldsund Kirke  
Hov, Tjeldsund, Tjeldøya

(+47) 76 91 91 40

@ -  
@ -

19310 © JACOB ETRHEIM

### KRAMBUVKA OPEN AIR MUSEUM

"Sverrebygga" is a brewery with a cafe and exhibitions. There is also a net house, a boat-house, the servants' quarters, a forge and not least, the charming crofter's cottage "Jenny-stua". Sundays 17.00-20.00.

30 01.07-12.08



NOK



R7

Sør-Troms Museum  
Soløy, Tennevoll, Lavangen

(+47) 77 01 83 80

booking@stmu.no  
www.stmu.no

19145

### VILGESVÅRRE – SAMI VILLAGE

Dating from the 1850s. Nine restored buildings. Big new wooden lavvu tent where refreshments are served. Sami food, lavvu accommodation, trout fishing, lassoing, archery. Winter: Northern Lights.

30 01.01 > 01.10  
01.10 > 01.04



NOK  
50/1500



N8

Sandmark Bygdeutviklingselskap AS  
Blåfjellveien 10, Tovik

(+47) 90 59 25 74

post@vilgesvarre.no  
www.vilgesvarre.no

19470 © TOVE ROSBERG

### GRYTØY OPEN AIR MUSEUM

The open air museum at Lundenes is situated in beautiful surroundings on Grytøya. With its six buildings and over 4000 registered artefacts at this open air museum, this is one of the most extensive collections of its kind in Northern Norway.

30 07.07-11.08



NOK



N5

Sør-Troms Museum  
Lundenes, Grytøy

(+47) 77 01 83 80

booking@stmu.no  
www.stmu.no

19136

### SANDTORGHOLMEN HOTEL

Licensed bar, dining, wheelchair-accessible rooms, sauna / hot tub, private bathroom / bath, boat rental, activities, conference facilities.

30 15.03 > 20.12



NOK



N8

Sandtorgholmen Hotel  
Sandtorg, 9430 Sandtorg

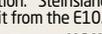
(+47) 77 02 80 00

sandtorg@sandtorgholmen.no  
www.sandtorgholmen.no

### STEINSLAND LOCAL FARM MUSEUM

The museum buildings at the Søndre Steinsland farm create an authentic 1920s atmosphere. They are part of a traditional cluster of farm buildings that were once typical across large parts of the Norwegian coast. Location: Steinsland by the Tjeldsundbrua bridge, exit from the E10.

30 01.01 > 31.12



NOK



N8

Steinsland Klyngetun  
Steinsland

(+47) 77 01 83 80

booking@stmu.no  
www.stmu.no



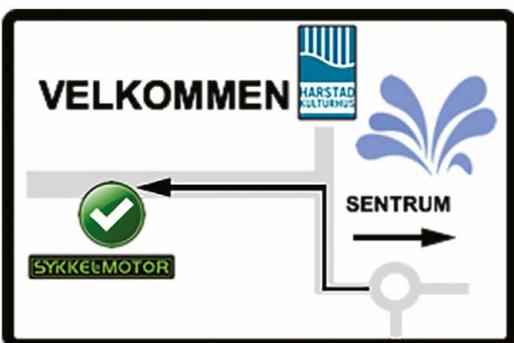
# BICYCLE RENTAL

**EL-BIKES - HYBRIDS - MTBS - FATBIKES - ROAD BIKES**

Harstad and the surrounding areas offer many excellent cycling opportunities to suit every need. From the excellent location of the city you can enjoy cycling off-road, take an electric bike to the peaks, or simply whizz along the roads to enjoy the city's attractions.

**SERVICE - WORKSHOP - STORE - RENTAL ROAD BIKES  
WE CAN TAILOR EQUIPMENT TO YOUR NEEDS!**

Customers who rent bikes from us are granted a 20% discount on clothing. Helmets and saddle bags with an extra inner tube and tyre levers are included.



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Hybrid: NOK 150 for three hours  
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Tel.: (+47) 77 06 63 67  
E-mail: [utleie@sykkelogmotor.no](mailto:utleie@sykkelogmotor.no)  
[www.sykkelogmotor.no](http://www.sykkelogmotor.no)  
[www.facebook.com/sykkelogmotor](https://www.facebook.com/sykkelogmotor)



© Richard Crease

# HARSTAD ARCHIPELAGO

Harstad is located on Norway's largest island, Hinnøya, providing the region with a rich and varied archipelago, as well as excellent opportunities for fishing and other recreational activities. Outside Harstad is a multitude of islands, islets and skerries, with fantastic white sandy beaches and rocky shores.

The area has bird cliffs inhabited by thousands of sea birds nesting each spring, a large eagle population, seals and whales. Fun fact - this is also the northernmost inhabited archipelago in the world! The Tjeldnes nature reserve on Tjeldøya also includes a vital breeding and resting area for wetland birds.

Grovfjord in the Skånland municipality displays the local coastal culture, with an emphasis on boat building. Here you can see the splendid cutter ship M/K Folkvang from 1911, or book a boat tour of the fjord.

Harstad is the home port of the world's oldest operational schooner, the "Anna Rogde", and the northbound and southbound Hurtigrute ferries meet each morning at the quayside.

We recommend a trip out to the Krykkjeberget bird cliffs on Bjarkøy island, or to the skerries outside Krøttøy to look for seals. White-tailed Sea Eagles can be spotted almost anywhere in the region.

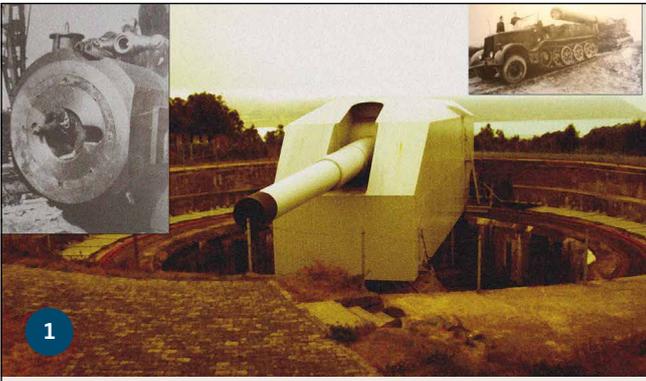
You can visit this natural paradise by bicycle, bus, boat or kayak. Or perhaps you'd prefer a fast-paced coastal RIB safari?



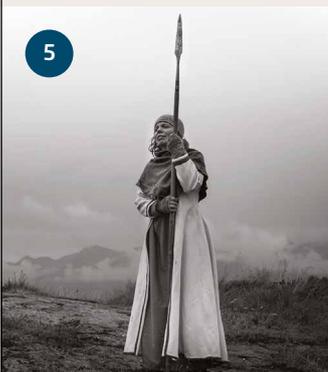
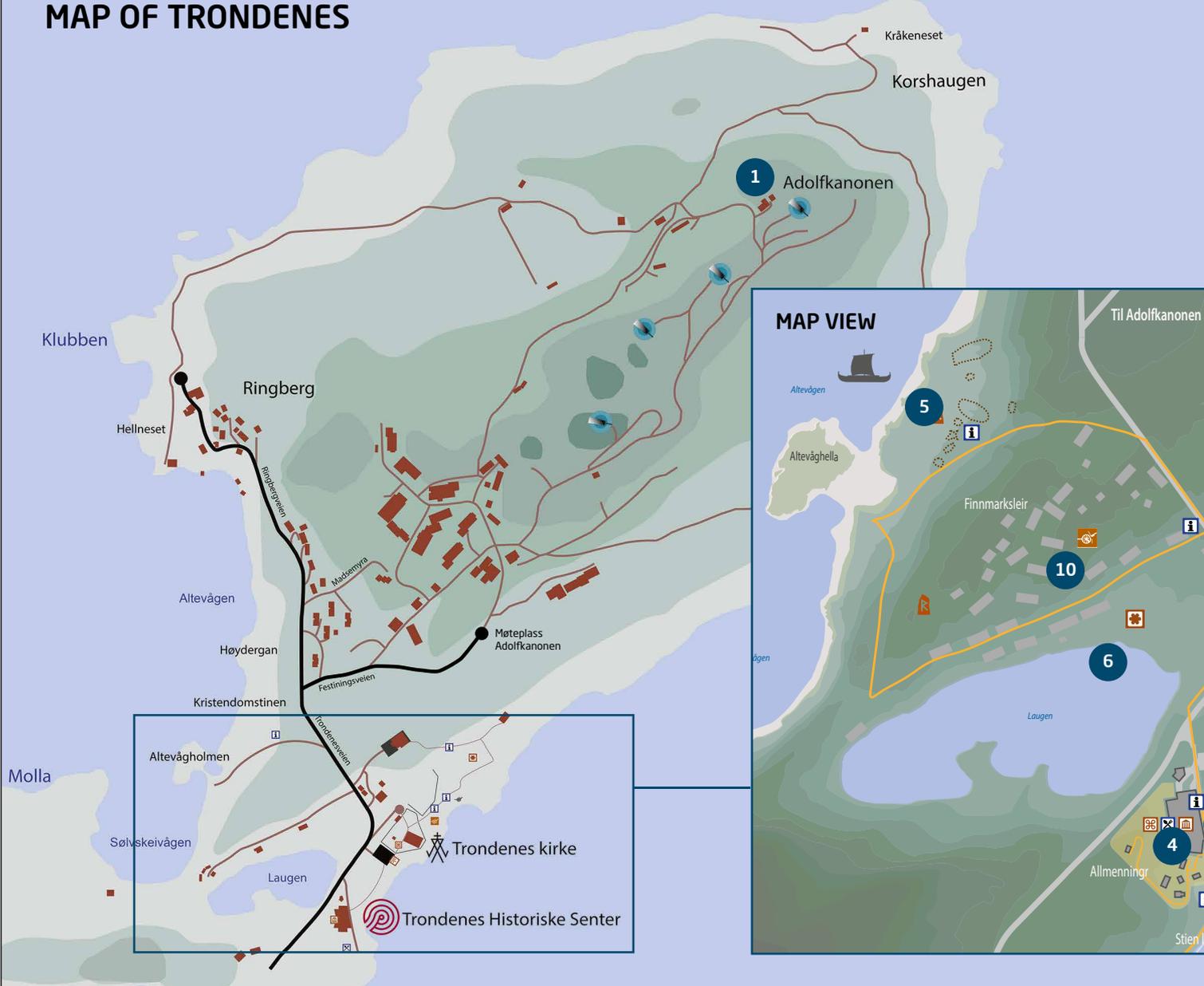
© Visit Harstad

## DID YOU KNOW...

Harstad has the northernmost inhabited archipelago in the world...



## MAP OF TRONDENES



# TRONDENES - A HISTORICAL PENINSULA

**1. THE ADOLF GUN** THE ADOLF GUN IS A UNIQUE ATTRACTION. This is the only remaining large German cannon from the Second World War, and at Trondenes no less than the entire battery of four cannons remains intact. This is the only place in Europe where a complete battery from the German Atlantic Wall still exists. A visit provides good insight into and understanding of the advanced German weaponry of the age.

Regular guided tours during the summer season.

1 June - 17 June: One tour at 13.30  
18 June - 12 August: Three tours at 12.00, 13.30 and 16.30  
13 August - 31 August: One tour at 13.30

Off-season guided tours available all year round.

Contact **VISIT HARSTAD** at tel. (+47) 77 01 89 89 or at [post@visitharstad.no](mailto:post@visitharstad.no)

**2. TRONDENES CHURCH** - In the Middle Ages, Trondenes was the most important church site in Northern Norway. Construction of the church started as early as at the end of the 1100s. With its three altarpieces from 1460-1510, the church is known as "the Medieval church in the Nordic region with the richest inventory."

Guided tours by appointment all year round.

Contact **VISIT HARSTAD** on tel. (+47) 77 01 89 89 or at [post@visitharstad.com](mailto:post@visitharstad.com)

**3. TRONDENES HISTORICAL CENTRE** - An incredible story of Norse myths, the Viking Age, the power of the church, great heroes and old customs. The painful history of the Second World War and POW camp is also explored in this exhibition, which covers the period from the Stone Age to modern times, all set against the backdrop of the region and the most important peninsula in the history of Northern Norway.

Summer season: 23 June - 19 August: 10:00 - 16:00

Spring/fall/winter: Mon - Fri. 10:00 - 14:00. Sunday 11:00 - 16:00

Tel.: (+47) 77 01 83 80 - [booking@stmu.no](mailto:booking@stmu.no) - [stmu.no](http://stmu.no)

**4. ALLMENNINGR** - South Troms Museum is constructing the "Allmenningr" Medieval farm at Trondenes. The project will run from 2016 to 2018. An open-hearth house and stave church will be main elements.

**5. ALTEVÅGEN** - Boathouses and burial mounds from the Viking Age. This is one of the few places in the country that features traces of the cultural landscape that correspond to the sagas.

**6. LAUGEN** - A lake with an exceptionally rich bird life, including horned grebe, tufted ducks, velvet scoters, mallards and common gulls. Protected natural area.

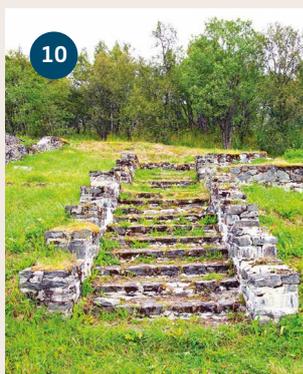
**7. POW CAMP** - There were several POW camps in Harstad during the Second World War. The labour camp at Trondenes was the largest, housing up to 1,200 prisoners. The museum has a separate exhibition about the POW camp. Here, you can see the record cards of 410 Soviet POWs who died at Trondenes. Signs provided in N/ENG/RU.

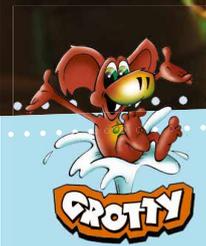
**8. THE TRAIL ALONG THE COAST** - The nature trail starts at Trondenes Historical Centre and is 1.5 km long. The Sun and Wind House is situated on a rock slope, and is the largest installation with 30 seats. Universally accessible.

**9. RUSSIAN MEMORIAL** - Memorial for captured Soviet soldiers forced to build defensive structures by the Germans.

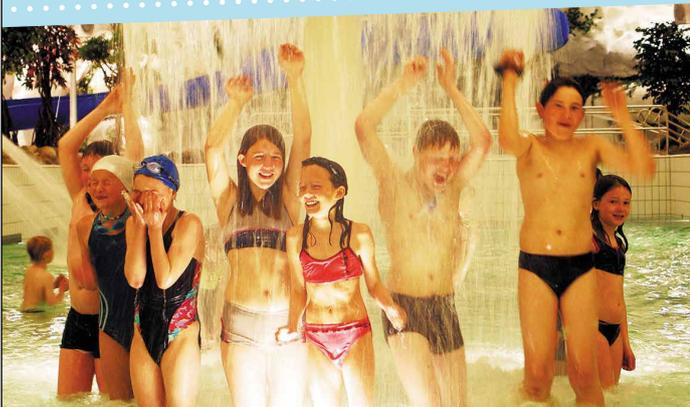
**10. THE FINNMARK CAMP** - After the Second World War, Finnmark lay in ruins. 930 refugees were housed in the military camp at Laugen, which then stood empty. The camp at Trondenes remained in use until early 1951, and was therefore the longest used evacuation camp in Norway.

[www.visitharstad.no](http://www.visitharstad.no)  
[www.stmu.no](http://www.stmu.no)





## TAKE A TRIP TO HARSTAD AND VISIT SAM INDOOR PLAYPARK AND THE GROTTEBAD WATERPARK



### REASONABLY PRICED HOTEL PACKAGES AT ALL THE HOTELS IN THE TOWN!



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BY NORDIC CHOICE

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cc.arcticus@choice.no  
nordicchoicehotels.no



#### Thon Hotel Harstad

Sjøgaten 11, Harstad  
☎ +47 77 00 08 00  
harstad@thonhotels.no  
thonhotels.no



#### Scandic Harstad

Strandgaten 9, Harstad  
☎ +47 77 00 30 00  
harstad@scandichotels.com  
scandichotels.no

[www.grottebadet.no](http://www.grottebadet.no) | [www.samlekeland.no](http://www.samlekeland.no)



# ACTIVITIES

Looking for something to do? Harstad offers a host of activities for people of all ages. Grottebadet, located in a mountain in Harstad centre, is a waterpark with a tropical climate all year round. Here's something for everyone who loves the water. Should you prefer cultural activities, Harstad is home to numerous galleries, a cinema, and one of the region's largest cultural centres hosting 150 events per year.

The Hinnøy festival, a country music festival for dance enthusiasts, is held in May. The Arts Festival of North Norway follows shortly after – a week filled with cultural events including music, theatre, dance performances and much more. The whole of Harstad gets on its feet for the event, and celebrations are held all over the town. In addition, we have Bakgårdsfestivalen (the Backyard Music Festival) in August, just as new students are arriving in the city.

At Aktiv Events you can arrange indoor or outdoor activities during both summer and winter! Archipelago experiences at sea are offered by B & B Touring, Tequila Sport, Valhall, Lødingen Skyssebåtservice and Andørja Adventures – there are many opportunities to choose from!

Harstad Horse Racing Track is the world's northernmost totalisator track, open all year round. Here, exciting harness racing events are arranged with V5, V65 and V75 games, among others.

Harstad Villmarkssenter offers lavvo, gamme (turf hut), banquet hall and meeting rooms, rental for events. Activities and dining are also available here.

On your way home, you can stop by the venerable Røkenes Manor and Guesthouse, or perhaps try out the golf course on the property? On the mainland side of the Tjeldsund bridge lie Tovik and Vilgesvårre, where an old Sámi settlement has been restored. This is a great opportunity to experience Sámi culture, whether you spend the night in a lavvo, taste Sámi food or learn to throw a lasso. Continue northward to Bardu and you can pay wild animals a visit at the world's northernmost wildlife centre, Polar Park.

There is no reason to be bored in the Harstad region!

### CAVE AND GROTTO EXCURSIONS

Experience the subterranean world. We'll bring you to Trollkirken (the Troll Church), roughly 60 metres below the surface. We'll take care of equipment and clothing, and transport. Food and drinks. Troll coffee will be served, brewed from fresh spring water.

30 01.01 > 31.12 NOK 1250

Aktiv Events AS  
 Sjøgata 3, Harstad (+47) 90 03 83 68



N6

booking@aktivevents.no  
 www.aktivevents.no

19980 © AKTIV EVENTS, PEKKA JOHNSEN

### FESTIVAL OF NORTH NORWAY

"Festspillene" is an arts and culture festival with a diverse program spanning over 8 days. Here you can experience ground-breaking performing arts, musical experimentation and visual arts, all drawing from a foundation in the history of the Arctic.

30 23.06 > 30.06 NOK

Festspillene i Nord-Norge  
 Havnegata 3, Harstad (+47) 77 04 12 30



N6

post@festspilln.no  
 www.festspilln.no

147705 © ØVIND ARVOLD

### HARSTAD HIKING ASSOCIATION

Day and weekend excursions, as well as various activities suitable for families and teens, both summer and winter. 8 unmanned cabins on Hinøya and on the mainland are available for rental. See our website for more information.

30 01.01 > 31.12 NOK 0

Harstad Turlag  
 Sjøgata 3, Harstad (+47) 97 43 18 06



N6

post@harstad-turlag.no  
 www.harstad-turlag.no

19701

### HARSTAD "CULTURE CENTRE"

Be surprised and inspired at the largest cultural centre in the region! New, high-quality cultural experiences in the building at on the outermost edge of the quayside. See our programme at www.harstadkulturhus.no.

30 01.01 > 31.12 NOK

Harstad Kulturhus  
 Havnegata 3, Harstad (+47) 77 02 81 00



N6

post@harstadkulturhus.no  
 www.harstadkulturhus.no

19964

### OUT INTO THE BLUE

A different kind of fishing excursion. We take you out to sea and tell you some stories from our coastal area. We fish. We fillet the fish. A few activities. Delicious fish dinners are then prepared from your own catch.

30 01.02 > 30.11 NOK

Aktiv Events AS  
 Sjøgata 3, Harstad (+47) 90 03 83 68



N6

booking@aktivevents.no  
 www.aktivevents.no

19981 © AKTIV EVENTS, PEKKA JOHNSEN

### PADDLING CLASS WITH TEQUILA SPORTS

A kayak paddling class is a great experience, and is sure to leave a smile on your face! This introductory course is a part of the Norwegian Paddle Association "Wet Card" series. Both kayak and equipment rental are included in the price of the class.

30 01.01 > 31.12 NOK 2500

Tequila Sport  
 Storgata 13, Harstad (+47) 77 06 29 86



N6

post@tequila.no  
 www.tequila.no

18748 © SIRI HOFSTAD HELLENES

### SNOW FUN ACTIVITIES

Have some fun and enjoy our snow activities. We can take you out on a snow scooter excursion, sledging, snow shoeing, dog sledding, ice fishing, skiing or climbing, etc.

30 01.11 > 30.04 NOK

Aktiv Events AS  
 Sjøgata 3, Harstad (+47) 90 03 83 68



N6

booking@aktivevents.no  
 www.aktivevents.no

19979 © AKTIV EVENTS, PEKKA JOHNSEN

### KAYAKING CLASS WITH TEQUILA SPORTS

Tequila Sports offers kayaking courses and guides for hire, ensuring safety, experience and mastery. Our introductory course lasts 3 hours, after which you will receive a "Wet Card".

30 01.01 > 31.12 NOK 800/1000

Tequila Sport  
 Storgata 13, Harstad (+47) 77 06 29 86



N6

post@tequila.no  
 www.tequila.no

18746 © SIRI HOFSTAD HELLENES

### NORTHERN LIGHTS SAFARI

Let us take you on an exciting Northern Lights safari at one of our Northern Lights experience destinations: Northern Lights Camp at Aun or Aurora Summit Lodge on Solli fjellet.

30 01.10 > 31.03 NOK

Aktiv Events AS  
 Sjøgata 3, Harstad (+47) 90 03 83 68



N6

booking@aktivevents.no  
 www.aktivevents.no

19977 © AKTIV EVENTS, PEKKA JOHNSEN

### EXPLORE THE ARCHIPELAGO BY KAYAK

Guided tour of Harstad's archipelago by kayak. Take it easy and try fishing, light a camp-fire by the water and enjoy a light meal. Price includes all equipment/drysuit. Trip lasts 4 hours.

30 01.01 > 31.12 NOK

Tequila Sport  
 Storgata 13, Harstad (+47) 77 06 29 86



N6

post@tequila.no  
 www.tequila.no

19980 © TEQUILA SPORTS

### HARSTAD HIKING ASSOCIATION

Borrow the keys for our cabins and become a member of our partner organisation: Visit Harstad. Two of our cabins can be hired by groups.

30 01.01 > 31.12 NOK

Harstad Turlag  
 Sjøgata 3, Harstad (+47) 77 01 89 89



N6

post@harstad-turlag.no  
 www.harstad-turlag.no

19702

### A DIFFERENT KIND OF CITY TOUR

Join a different kind of city tour and meet people who have their own clear opinion on the meaning of life. Productive minds living in Harstad, with audiences and projects all over the world. Meet them here - perhaps you can buy something entirely unique. Wine is served.

30 01.01 > 31.12 NOK

Meaning of Life,  
 Harstad (+47) 91 60 60 60



N6

booking@meaningoflife.no  
 www.visitharstad.no

### ROUND-TRIP AMONG ARCTIC COASTAL GEMS

Experience a two-hour round-trip by boat in the Vågsfjorden archipelago. The express boat MS Stjernøy will take you from Harstad to the islands outside of the city. Tickets can be purchased either on board or at the Tourist Information Office.

30 01.01 > 31.12 NOK 200/100

Rundtur Blandt Arktiske Kystperler  
 Sjøgt 1b-3, Harstad (+47) 77 01 89 89



N6

post@visitharstad.no  
 www.visitharstad.no

19645

### BEAR DANCE AND A TASTE OF ARCTIC WALTZ

Meet the Kartellet dance troupe. Experience "halling" and other acrobatic folk dances. The choreography goes back to the Viking age, when physical prowess and fitness was a question of life or death. Perhaps you'd like to join an Arctic waltz?

30 01.01 > 31.12 NOK

Meaning of Life,  
 Harstad (+47) 91 60 60 60



N6

booking@meaningoflife.no  
 www.visitharstad.no

### HARSTAD CINEMA

Harstad Cinema shows films daily, and has a diverse selection, with weekly premieres and new films suited to every taste. Tickets can also be purchased on our website or from the ticket machine in the cinema foyer.

30 01.01 > 31.12 NOK

Harstad Kino, Erlings gt. 3,  
 9405 Harstad (+47) 77 00 16 00



N6

post@harstadkulturhus.no  
 www.harstadkino.no

© TRINE GIESSEN

### FROM HAYDN TO HAVELLA

Take a seat in the wonderful dining hall of a rural manor from the 1800s. Meet Knut Erik Sundquist, a first-rate bassist. Listen to melodies dating back to when the manor was built, as well as other traditional music from the North. Enjoy local tapas with refreshments.

30 01.01 > 31.12 NOK

Meaning of Life,  
 Harstad (+47) 91 60 60 60



N6

booking@meaningoflife.no  
 www.visitharstad.no

### GROTTEBADET WATER PARK

It's always summer in Norway's coolest cave! Inside the mountain in the heart of Harstad is an extraordinary water park, with caves, waterfalls, various pools, sauna and tropical temperatures all year round.

30 01.01 > 31.12 NOK 100

**Grottebadet**  
Håkonsgate 7, Harstad (+47) 77 04 17 70



N6

post@grottebadet.no  
 www.grottebadet.no

### HARSTAD CAMPING

Harstad Camping is a modern campsite located 5 km south of central Harstad. This family-friendly campsite meets the sea in idyllic surroundings.

30 01.01 > 31.12 NOK -

**Harstad Camping**, Nesseveien 55,  
9411 Harstad (+47) 77 07 36 62 / 97 16 55 29



N6

postmaster@harstad-camping.no  
 www.harstad-camping.no

### SYKKEL & MOTOR

Visit Sykkel og Motor AS to rent top quality hybrid and offroad bicycles. We also have e-bikes, where you pedal to help the electric engine. We have 25 years of experience as a cycle workshop, service station and shop. We can also offer guided cycling trips.

30 01.01 > 31.12 NOK 0

**Sykkel & Motor**, Tordenskjoldgt. 2,  
Harstad (+47) 77 06 63 67



N6

utleie@sykkelogmotor.no  
 www.sykkelogmotor.no

### HARSTAD BREWERY

Harstad's very own microbrewery. Call us to book a guided tour of the brewery and beer tasting. You will learn how we brew our beers and how the different ingredients have an influence on the appearance, taste and aroma of our beers.

30 01.01 > 31.12 NOK -

**Harstad bryggeri**, Andreas Linds gt. 9,  
Harstad (+47) 94 18 23 43



N6

post@harstadbryggeri.no  
 www.harstadbryggeri.no

### HARSTAD WILDERNESS CENTRE

We tailor events for groups. Activities such as lassoing, joik singing, archery, axe throwing, a nature trail, shooting simulator, quiz, course venues etc. Games menu. Lavvo, turf huts and party room in the building.

30 01.01 > 31.12 NOK -

**Harstad Villmarksenter**  
Heggenkollen (+47) 77 01 89 89



N6

post@visitharstad.no  
 www.visitharstad.no

### ELGSNES MANOR

The manor is located in delightful countryside, with a rich bird and animal life. There is a lovely beach close by and excellent fishing. Experience the midnight sun during the summer and the Northern Lights during the winter.

30 01.01 > 31.12 NOK -

**Elgsnes gård**  
Elgsnes, Harstad (+47) 95 28 54 14



M5

tore.ruud@elgsnes.no  
 www.elgsnes.com

### NORTHERN LIGHTS EXPERIENCES AT ELGSNES MANOR

The manor is located in an area of open countryside and with very low light pollution. It is therefore the perfect base for those hunting the spectacular Northern Lights. We offer accommodation etc. all year round.

30 01.01 > 31.12 NOK -

**Elgsnes gård**  
Elgsnes, Harstad (+47) 95 28 54 14



M5

tore.ruud@elgsnes.no  
 www.elgsnes.com

### HERITAGE TRAIL AT TRONDENES

Heritage trail starting at Trondenes church, a path which takes you through lush nature. A journey through Trondenes history, from Viking sites up to the grimmer historic sites from WWII. The path is marked by three main information boards as well as several smaller signs.

30 01.01 > 31.12 NOK 0

**Kulturstien på Trondenes**  
Trondenes (+47) 77 01 83 80



N6

post@stmu.no  
 www.stmu.no

### EXPLORE THE ARCHIPELAGO BY RIB BOAT

Explore the coast and archipelago by boat, focusing on the nature, history, bird and marine wildlife of Northern Norway. "Mystery tours" and company trips with catering on Midgard/Bjarkøy.

30 01.01 > 31.12 NOK -

**B&B Touring AS**,  
Sjøgata 1 B, Harstad (+47) 95 48 67 78



N6

post@bbtouring.no  
 www.bbtouring.no

### HARSTAD "HARNESS RACING TRACK"

Harstad Horse Racing Track is the world's northernmost totalisator track. It is situated approx. 5 km from Harstad. Here, exciting harness racing events are arranged with V5, V65 and V75 games. Refreshments, activities.

30 01.01 > 31.12 NOK -

**Totonor, Harstad travpark**  
Langmoan, Harstad (+47) 77 07 25 00



N6

firmapost.totonor@riksfoto.no  
 www.harstadtravpark.no

### HARSTAD GOLF CLUB

Every single hole is a challenge. The course has nine holes, but 18 different tees. The green fee of NOK 250 includes 24 hours' play.

30 01.05 > 30.09 NOK -

**Harstad Golfklubb**, Stornesvn. 127  
Røkenes (+47) 77 06 94 73



N6

har-gol@online.no  
 www.hgolf.no

### HARSTAD SKATING CLUB

Natural ice rink for speed skating and hockey during the winter. Inline / Roller skates during the summer. The skating club offers a variety of activities. Contact us for more information.

30 01.01 > 31.12 NOK 0

**Harstad Skøyteklubb**  
Kanebogen Stadion (+47) 90 58 81 67



N6

harstad.sk@gmail.com  
 www.harstad-sk.no

### SKI RESORT/ALPINE RESORT

Downhill ski trails and an outdoor area for families. One of Northern Norway's best family resorts. Ski hire, snowboarding, equipment servicing, cafe.

30 01.10 > 31.04 NOK 140

**Sollifjellet alpinsenter**  
Sollifjellet, Harstad (+47) 77 07 78 33



M6

post@sollifjellet.no  
 www.sollifjellet.no

### FJORDCRUISE HARSTAD

Experience Harstad's beautiful archipelago under the midnight sun or the northern lights. We tailor trips for larger and smaller groups.

30 01.01 > 31.12 NOK -

**Lødingen Skyssebåtservice AS**, Rinøyvåg  
8412 Vestbygd (+47) 76 93 54 09 / 94 16 40 89



K10

booking@lsbs.no  
 www.lsbs.no

### TEAMBUILDING

A fishing tournament for your group of friends or company - nothing creates team spirit and a good atmosphere like a healthy competition! Fish with a hand line or fishing rod and see who gets the biggest fish.

30 01.01 > 31.12 NOK -

**Lødingen Skyssebåtservice AS**, Rinøyvåg  
8412 Vestbygd (+47) 76 93 54 09 / 94 16 40 89



K10

booking@lsbs.no  
 www.lsbs.no

### EXPERIENCE TRANSPORT TO THE SEA

If you need transport and want to give your guests an experience at the same time, we have some good options. The experience is part of the transport and a trip along the coast offers a unique way of experiencing Northern Norway. We can tailor your trips to your needs. Contact us for prices/availability.

30 01.01 > 31.12 NOK -

**Lødingen Skyssebåtservice AS**, Rinøyvåg  
8412 Vestbygd (+47) 76 93 54 09 / 94 16 40 89



K10

booking@lsbs.no  
 www.lsbs.no

**VALHALL**

Valhall is a hotel and natural adventure centre on the island of Krøttøy. Explore the countryside on the world's northernmost inhabited archipelago. We provide boat trips, whale safaris, eagle safaris, guided tours, fishing trips, canoeing/kayaking etc.

30 01.01 > 31.12 **NOK** 745/1490

**Valhall**  
 Nordlysv. 134, Krøttøy (+47) 77 09 00 00



N4

@ post@valhall.no  
 www.valhall.no

**KAYAKING**

From the wharf in Valhall, it takes around one hour by kayak to reach the middle of the archipelago. This trip is a wonderful adventure in itself, as you can experience seal colonies and different types of birds at close quarters. There will be time to stop for a bite to eat and a drink.

30 01.01 > 31.12 **NOK** -

**Valhall**  
 Nordlysv. 134, Krøttøy (+47) 77 09 00 00



N4

@ post@valhall.no  
 www.valhall.no

**RIB**

RIB trips from Valhall are an exhilarating outdoors experience, with several interesting stops on the way with guide, and places where you can go ashore for a meal in the open air. Contact us for prices

30 01.01 > 31.12 **NOK** -

**Valhall**  
 Nordlysv. 134, Krøttøy (+47) 77 09 00 00



N4

@ post@valhall.no  
 www.valhall.no

**EAGLE SAFARI**

Experience the rich bird life in the Valhall archipelago. We organise eagle safaris by boat, for groups from 6-10 persons and at a price of NOK 650 per person. Duration 1-2 hours.

30 01.01 > 31.12 **NOK** -

**Valhall**  
 Nordlysv. 134, Krøttøy (+47) 77 09 00 00



N4

@ post@valhall.no  
 www.valhall.no

**WHALE SAFARI**

Valhall offers whale safaris onboard sturdy RIBs where you can get close to these magnificent creatures. We keep a watch out for whales from the top of the island through binoculars. Once we have located the whales, we set out on an adventurous experience with these wonderful animals.

30 01.01 > 31.12 **NOK** -  
 15.05 > 15.09

**Valhall**  
 Nordlysv. 134, Krøttøy (+47) 77 09 00 00



N4

@ post@valhall.no  
 www.valhall.no

**POLAR PARK – NORDIC WILDLIFE**

Our mission is to create a Norwegian wildlife experience where the beautiful North Norwegian nature frames your visit to the Polar Park.

30 20.06 > 31.08 **NOK** 260/160  
 01.09 > 19.06

**Polar Park Arctic Wildlife Centre**  
 Bonesveien, Bardu (+47) 77 18 66 30



R8

@ post@polarpark.no  
 www.polarpark.no

**WHALE SAFARI ANDENES**

Whale safari Andenes has the shortest route to the whales. We offer experienced guides, whale exhibitions with whale skeletons, 100% whale guarantee, whale shop, restaurant, camping, a hostel, and whale safaris during both the winter and summer months.

30 02.01-31.12 **NOK** From 1095

**Whalesafari Andenes**  
 Hamnegt. 1C, Andenes (+47) 76 11 56 00



L1

@ booking@whalesafari.no  
 www.whalesafari.no

**KASFJORD REGIONAL RESIDENTS' ASSOCIATION (KOV)**

KOV-elingen - the first weekend of August every year. Family event, especially suited for children. Petting zoo, duck race, food, activities for kids.

30 01.01 > 31.12 **NOK** 50/100

**Kasfjord og Omegn Velforening**  
 Kasfjord 1, Kasfjord (+47) 90 88 12 78



M6

@ olaf.lund@hlink.no  
 www.kasfjord-ov.no

**ELVEGÅRD FISHING AND CABIN RENTAL**

Campsite with cabins, houses and camper vans car spaces. Main summer activity is deep-sea fishing. Boats in various sizes. Several lovely ski trails nearby in winter. Kayaks and snowshoes to rent. Sailboat Hellevig for charter with skipper, up to 12 persons.

30 01.01 > 31.12 **NOK** -

**Elvegård Fiske og Hytteutleie**, Balteskard  
 146, Grovfjord (+47) 97 15 59 31/99 20 90 21



@ post@elvegaard.no  
 www.elvegaard.no

**ANDØRJA ADVENTURES**

We are situated at the edge of Northern Europe's most mountainous island, which offers excellent hiking opportunities in the summer and skiing excursions in the winter. We rent fisherman's cabins with an outdoor jacuzzi and various boats.

30 01.01 > 31.12 **NOK** 0

**Andørja Adventures**  
 Engenes (+47) 99 44 16 55



P5

@ terje@andorja-adventures.com  
 www.andorja-adventures.com

**KVÆFJORD CAKE**

This cake is also known as "verdens beste" (The World's Best) and was voted Norway's national cake in 2002. A book about Kvæfjord Cake is available for purchase at the Harstad Tourist Office.

30 01.01 > 31.12 **NOK** 0

**Kvæfjordkaka**  
 Lamhagan, Borkenes (+47) 77 09 25 10



M7

@ sysool@online.no  
 www.kvaefjordkaka.no

**ICE SWIMMING BEACH AT EVENSKJER**

The ice swimming beach is located at the middle of Evensker town centre. "The great ice swimming day" is held every year on the first Saturday in December, and around 300 "ice bathers" take part. The ice swimming beach also offers a 12 metre high climbing tower, play area and beach volleyball courts.

30 01.01 > 31.12 **NOK** -

**Evensker**  
 Evensker (+47) 77 08 95 10



N8

@ post@skanland.kommune.no  
 www.skanlandkommune.no



© Knut Ingebrigtsen



#visitharstad

## GUEST HARBOUR / MARINAS [www.gjestehavner.no](http://www.gjestehavner.no)

### HARSTAD

Harstad Boating Association  
Tel. (+47) 41 56 55 27  
asa@online.no

Harstad Guest Harbour  
Tel. (+47) 77 00 12 12

Harstadbotn Marina  
Tel. (+47) 77 06 61 71 / 91 33 47 81

Grøtavær Boating Association  
Tel. (+47) 402 33 998 / 908 24 240

### SKÅNLAND

Evenskjer Marina:  
Tel. (+47) 911 916 63

Tovik Marina:  
Tel. (+47) 900 23 528 / 77 08 77 82

Grovfjord Marina:  
Tel. (+47) 907 35 731

### BJARKØY

Bjarkøy Harbour, Nergårdsvika  
Tel. (+47) 77 09 02 99

Gammelhamn Boating Association  
Trond Markussen  
Tel. (+47) 77 09 02 73 / 414 62 057

Bjarkøy Boating Association  
Einar Hanssen  
Tel. (+47) 77 09 03 24 / 906 46 156  
e-post: einar\_hanssen@hotmail.com

Meløyvær Boating Association  
Oddbjørn Martin Luther  
Tel. (+47) 90 89 75 25  
E-post: oddmarlut@hotmail.com

Sandsøy Boating Association  
Sverre Andreassen  
Tel. (+47) 77 09 01 15  
Mobil (+47) 416 03 472

### KVÆFJORD

Kvæfjord Boating Association  
Per Mikal  
Tel. (+47) 77 02 22 70

### TJELDSUND

FJELLDAL MARINA:  
Fjellidal Boating Association  
Evald Joakimsen,  
Tel. (+47) 918 79 967

RAMSUND MARINA  
ROS Boating Association  
Jostein Lunde,  
Tel. (+47) 76 93 86 35 / 472 32 134

KONGSVIK MARINA  
Kongsvik Boating Association  
Jan Hanssen  
Tel. (+47) 95 79 00 28

### KJÆRFJORD

KJÆRFJORD MARINA  
Kjærffjord Boating Association  
Vegar Paulsen  
Tel. (+47) 48 01 41 22  
[www.kjerffjord.net](http://www.kjerffjord.net)

## Trondenes Fort ■ et nasjonalt festningsverk

### Welcome to Trondenes Fort one of the world's largest land-based guns



The artillery battery was constructed by German occupation forces during World War II. All four of the guns are intact, and one of these - the Adolf Gun - currently stands in an open museum.

The fort is a monument to those who lost their lives during the construction work, and to those who were driven from their homes as a result of the defence line during World War II.

In the bunker beneath the actual gun is an exhibition displaying the history of the gun, its construction and

intended use. There is also a "coastal artillery collection" of equipment and instruments from the German coastal batteries during World War II, and later used by Norwegian coastal battery gunners.

**Contact Visit Harstad for guided tours:**  
**+47 77 01 89 89**  
**post@visitharstad.no**

**Scheduled tours are available during the summer.**  
**For more information, see [www.nasjonalefestningsverk.no](http://www.nasjonalefestningsverk.no)**



©Jan Erik Kristoffersen



©Foto

# ARCHIPELAGO SAFARI BY RIB

With some of the safest and most robust RIB boats ever built, we offer a safari in the archipelago, with various themes and routes. Our boats, equipment and skippers will guarantee some fantastic adventures on this swift journey past interesting sights and animal habitats, interspersed with a more relaxed pace between islets and skerries for a true nature experience. Now and then, we'll stop to listen to the skipper and guide talk about animal life, history and natural phenomena.

The world's northernmost inhabited archipelago is imbued with a rich history from the Viking Age to the present day, and the Arctic wildlife is diverse and exciting - on land, in the air or under the sea. Sundsvoldsundet is home to some of the most impressive nesting cliffs along the Norwegian coast. We'll get as close to the cliffside as possible, and to the kittiwakes nesting there by the thousands, while white-tailed eagles circle overhead, hoping for a bite to eat. At our destination on Bjarkøy, Midtgard, we offer excellent facilities for meals, storytelling and nature experiences.

## B&B TOURING AS

Sjøgata 1 B, N-9405 Harstad - Tel.: (+47) 954 86 778 - E-mail: [post@bbtouring.no](mailto:post@bbtouring.no) - [www.bbtouring.no](http://www.bbtouring.no)

*Harstad by Sea  
Ship experiences and ship transport 2018*

100 pax	82 pax	45 pax	32 pax
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We offer ship experiences and ship transport for both larger and smaller groups. Experience the midnight sun, northern lights, fishing trips and Harstad's beautiful archipelago from on-deck. We can also arrange courses and conferences on-board. For more information or offers, see [www.lsb.no](http://www.lsb.no) or get in touch by phone/e-mail.



**Welcome aboard!**

[www.lsb.no](http://www.lsb.no) / [booking@lsb.no](mailto:booking@lsb.no) / +47 769 35 409



# ELGSNES

- unique experiences!

We arrange Northern Lights Chases, surprise trips, or unique gourmet meals outside the ordinary.

Dinner in a boathouse - or a gourmet meal right there on the beach.

For more information and booking::

**VISIT HARSTAD**  
Tel. +47 77 01 89 89  
post@visitharstad.no  
www.visitharstad.no



9455 Engenes - +47 99 44 16 55 - terje@andorja-adventures.com - www.andorja-adventures.com

## WELCOME TO ANDØRJA

Andørja Adventures is located on the island of Andørja, which is situated between Harstad and Tromsø. With 20 peaks over 1,000 m high and fjords down to depths of up to 510 m, this is the most mountainous island in Scandinavia.

Our fishermen's shacks are located right in the middle of the northern lights belt, so you can sit on the veranda by the waterfront while you enjoy the northern lights and the view. Or you can ski from the highest mountaintop right down to the sea. Summer offers excellent hiking terrain in wild, beautiful nature, as well as world-class fishing.

[www.andorja-adventures.com](http://www.andorja-adventures.com)



# HIKING AND MOUNTAINS

Harstad is a Mecca for outdoor enthusiasts. The Harstad region offers a variety of opportunities for hiking and mountain trips, at all levels of challenge, in summer as well as winter.

Less than 2 km from central Harstad is Folkeparken, a popular recreational area frequented by Harstad inhabitants. Here there are marked hiking trails with wide pathways. You can choose to make a loop, or continue up past Musvannet if you prefer hiking in the mountains. Harstad Hiking Association offers cabins, routes and trips in the Hinnøya and Sør-Troms area. The routes and cabins are on the north-eastern part of Hinnøya where the terrain is less alpine and more "foot-friendly". However, it is still possible to reach peaks above 1,000 metres. "Top Ten" is a facilitated mountain hiking package for people of all ages. The booklet includes descriptions of 20 trip destinations around the municipality. The "Top Ten" booklet can be purchased from the tourist office. During the winter, ski trails are routinely prepared at Kvæfjordeidet, Folkeparken and at Kilbotnmarka.

Our neighbouring municipalities Tjeldsund and Skånland offer good opportunities for rambling and hiking! On the mainland side you will also find one of Norway's longest cave networks, Trollkjerka. Exploring underground is an exciting alternative!

A brochure about Folkeparken in Harstad can be obtained from Visit Harstad. It is available in Norwegian, English and German.

**The Hiking Association  
House in Folkeparken**  
(formerly The Scout House)



**Our facilities are available for:**

- Meetings and seminars
- Private functions
- Kids' parties in a rustic venue
- Affordable accommodations - 2 x 4 bedrooms



**Booking/Info.**  
E-mail: [post@harstad-turlag.no](mailto:post@harstad-turlag.no)

**HARSTAD TURLAG**  
Post. box 227, N-9483 Harstad  
[www.harstad-turlag.no](http://www.harstad-turlag.no)



© Liv-Hege Heill

From the middle of June to early October you can be fairly certain that the high mountains will be free of snow. This period varies from year to year, but below 350 masl and close to the coast, the season normally lasts longer. Weather conditions can shift quickly and unexpectedly, so remember to bring warm clothes, a map and a compass! Maps and advice for your hike are available at Visit Harstad. Visit Harstad is a service office for Harstad Hiking Association and the Norwegian Trekking Association, so you can buy and rent keys to their cabins here.

## PUBLIC RIGHT OF ACCESS

The right to freely access nature is an important part of the Norwegian cultural heritage. It is prohibited to light fires in forests and fields between 15 April to 15 Sept. For more information about the freedom to roam, see: [www.dirnat.no](http://www.dirnat.no)

## RECOMMENDED DESTINATIONS

### Keipen north, 490 masl (easy)

Keipen is a relatively easy hike which offers a magnificent view from the top. Drive to Aunfjellet (8 km northwest of Harstad). Keipen is located on the left-hand side of the road at Aunfjellet. Park in the large parking lot at the top, just after the smaller shoulder parking area. From here there is a marked trail that leads to the peak. Fantastic view towards the west, and an excellent place to see the midnight sun. Approx. 4 km return trip, estimated time to reach the top is about 30 minutes.

### Elgen, 534 mals (intermediate)

Elgen is located at the outermost point of the little peninsula between Kasfjorden and Toppsundet. Drive over Aunfjellet (8 km northwest of Harstad) and take a left towards the intersection when you reach the sea. Follow the road until you reach the chapel. Parking and starting point from Elgsnes chapel. Cross the road and follow the tractor road upwards. After 500 metres it becomes a trail which leads back up the ridge of the mountain. Approx. 7 km return trip, estimated time to reach the top is about 1 - 1.5 hours. Fantastic view from the top, and one of Harstad's best vantage points for viewing the midnight sun.

### Sætertind, 1094 masl (difficult)

Drive south from Harstad past the Tjeldsund bridge in the direction of Lødingen. Drive up to the sports centre at Sandtorg and park there. Follow the road/the trail from the soccer field, through the gate. Follow the road up to Årbogvatnet, then head south to the ridge where you will find a path leading to a cabin. From here you can follow the posts to reach the top. Follow the same route back. Warning! If you walk down the road on the northern side of the river, continue straight on at the crossroad near the sports grounds. If not, the trip will become considerably longer. Approx. 15 km return trip to the top, estimated time to reach the top is about 4 - 5 hours.



© Olav Solberg

© Svein Olav Steinmo

# WINTER ACTIVITIES

More and more people are travelling north to experience the "Arctic light". This not only refers to the Northern Lights, but also the beautiful colours that paint the horizon blue, pink and orange in the winter darkness. The northern winter can also offer some harsh weather conditions with howling winds and unyielding blizzards. Some of the experience lies in the huge contrasts presented by the weather. After a strenuous ski trip or a day of winter activities and outdoor play, a cup of cocoa tastes even better indoors, as you reflect on the events of the day. Or perhaps you would prefer a cup of hot coffee prepared over a bonfire in the lavvo?

The Harstad region offers a variety of options for the winter season. Cross-country skiing, mountain skiing, downhill skiing, treks to the peaks, dog sledding, ice-skating, sleigh rides, sledding or snow shoe excursions. There is both gentle terrain and prepared trails for those who prefer them, while the steep mountain slopes with untouched powdery snow may tempt adrenaline seekers. "The great ice bathing day" is held in the neighbouring municipality of Skånland each December.

Our partners in the region can offer everything from cross-country skiing instruction, fast-paced RIB boat trips on the fjord, a day filled with a variety of winter activities and lavvo comfort, to chasing the northern lights on one of the mountaintops in the region. Experience an exciting trip chasing the northern lights. We adapt the trips to your needs and wishes.

## POLAR NIGHT

Polar Night encompasses the period between 2 December to 10 January - with only a few hours of midday twilight. The "blue light" on the southern horizon, just before it grows dark, is especially beautiful.

## NORTHERN LIGHTS

"Aurora Borealis" is the Latin name for the Northern Lights - solar winds which hit the atmosphere in a zone around the north magnetic pole. Northern Lights can only be seen when it is dark and the skies are clear, from August to April, and is most intense from 10 pm until midnight. The Harstad region is a great place to experience the beautiful and intense colours provided by the Northern Lights.



© Aktiv Events

# THE NORTHERN LIGHTS

I Harstadregionen oppleves nordlyset best på en av våre fjelldestinasjoner på Sollifjellet eller Aunfjellet. Her har vi baser for nordlysjakt langt unna kunstig belysning midt under nordlysbeltet mellom Hinnøya og Senja. Vær og naturgitte forhold avgjør hvordan nordlyset fremtrer, men vi garanterer en fantastisk nordlysjakt og naturoplevelser i særklasse.

## AUNFJELLET AURORA CAMP

At Aunfjellet we have established a lavvo camp across a 800 m<sup>2</sup> area surrounded by snow and mountains. The sea and fjords can be seen on the horizon. This beautiful and impressive area is practically designed for experiencing the northern lights. The lavvo camp is only a few metres from the bus stop, and the camp is directly beneath the Aurora Borealis belt between Hinnøya and Senja. When weather and other conditions permit, this base is the superb starting point for Northern Lights experiences. There are campfires for heat, and food and coffee preparation, both inside and outside the lavvos.

**Duration: approx. 3 hours.**  
**October to April.**  
**Prices from kr: 690,-**

## AURORA SUMMIT LODGE

At the top of Sollifjellet, 535 metres above sea level, is our "Aurora Summit Lodge", an excellent base camp for chasing the Northern Lights, photo safaris and other spectacular nature experiences. The view is amazing! The cabin has room for up to 25 people to dine around the open fire pit, and a 360 degree view of the landscape offers a unique setting for a delicious meal. Specialties include Northern Lights Cocktails and Aurora Wild Chips made from dried reindeer meat. Transportation up the mountain by "Aurora Wildcat" snowmobile or snow scooters.

**October to April.**  
**NOK 1,300 per person, min. price NOK 2,500 / 2 persons.**  
**Contact us for larger group prices.**

## AKTIV EVENTS

**Sjøgata 3, Boks 169, N-9482 Harstad**  
**Tel.: (+47) 900 74 666 - E-mail: pekka@aktivevents.no**  
**www.aktivevents.no**



# VALHALL

– ELEGANCE OF THE ARCTIC

- Hotel and centre for natural adventures among the archipelago!



VALHALL is only an hour's boat trip from Harstad. The hotel is located on the island of Krøttøy, at the very heart of the archipelago. Guests can enjoy wonderful rooms and delicious, local produce. Once you have rested and eaten well, we will take you out on exhilarating adventures to explore the natural beauty of this area, both at sea and on shore. Valhall can offer whale safaris, sea eagle safaris, photographic safaris, hikes on Senja, Northern Lights trips, kayaking etc. We watch for whales in the fjord from the top of the island. When we have made an observation, we set out on a whale safari in our sturdy RIB boats.

We wish you a warm welcome to our fabulous archipelago.

VALHALL, Nordlysveien 134, N-9427 Meløyvær - Tel. +47 77 09 00 00 - [post@valhall.no](mailto:post@valhall.no)  
[www.valhall.no](http://www.valhall.no) - Youtube: [valhallvideo](https://www.youtube.com/valhallvideo) - [www.facebook.com/valhalloya/](https://www.facebook.com/valhalloya/)



# SHOPPING / BUSINESSES



© Harstad Husflidslag

**AMFI KANEBOGEN** N6  
 AMFI Kanebogen is situated at the approach road to Harstad, 3 km south of the city centre. Facts about AMFI Kanebogen: Number of shops: 60. Great parking conditions, including a parking garage. Open Mon - Fri 10:00 - 20:00, Sat 10:00 - 18:00 (Rema is open Mon - Sat, 07:00 - 23:00).  
 30 01.01 > 31.12 **NOK** -  
  
 🏠 **Amfi Kanebogen** @ -  
 📍 Skilleveien 5, Kanebogen (+47) 77 01 26 35 🌐 www.amfi.no/kanebogen

19848

**HARSTAD BREWERY** N6  
 Harstad's very own microbrewery. Call us to book a guided tour of the brewery and beer tasting. You will learn how we brew our beers and how the different ingredients have an influence on the appearance, taste and aroma of our beers.  
 30 01.01 > 31.12 **NOK** 600/300  
  
 🏠 **Harstad bryggeri**, Andreas Linds gt. 9, Harstad (+47) 94 18 23 43  
 @ post@harstadbryggeri.no  
 🌐 www.harstadbryggeri.no

19960

**AMFI BERTHEUS** N6  
 15 shops share an area of 6400 square metres at Amfi Bertheus. The centre is located at the heart of central Harstad, and boasts many specialty shops, well worth a visit.  
 30 01.01 > 31.12 **NOK** -  
  
 🏠 **Amfi Bertheus** @ harstad@amfi.no  
 📍 Fjordgata 1, Harstad (+47) 77 01 25 05 🌐 www.amfi.no

19673

**SJØKANTEN CENTRE** N6  
 Enjoyable shopping with a number of pleasant and useful shops under the same roof.  
 30 01.01 > 31.12 **NOK** -  
  
 🏠 **Sjøkanten Senter**, Verkstedvegen 7, Harstad (+47) 77 02 89 00  
 @ stig.jensen@nord.coop.no  
 🌐 www.coop.no

19960

**CAFÉ CHOCOLAT** N6  
 Our goal is to offer our customers quality organic products. We can tempt you with Fairtrade quality coffee in addition to gifts made from recycled products, food, chocolate and home-made baked goods, all organic. You can find us on the fastboat quay!  
 30 01.01 > 31.12 **NOK** -  
  
 🏠 **Café Chocolat**, Rikard Kaarbøs gate 1, Harstad (+47) 91 75 42 60  
 @ post@chocolat.no  
 🌐 www.chocolat.no

19849

**SYKKEL & MOTOR** N6  
 We have accumulated expertise within bikes and motorised machines that goes back over three generations. Our goal is to provide top quality and service. We sell cycles, cycle accessories, snow blowers, lawnmowers, power saws, service and parts, repair of used products etc.  
 30 01.01 > 31.12 **NOK** 0  
  
 🏠 **Sykkel & Motor**, Tordenskjoldgt. 2, Harstad (+47) 77 06 63 67  
 @ utleie@sykkelgomotor.no  
 🌐 www.sykkelgomotor.no

STIAN JOHANSEN ©

**LILLINGS GARN AND VEVSTUE (YARN AND WEAVING STUDIO)** N6  
 We sell yarn, quilting supplies and sewing accessories. Licensed distributor for Dale of Norway, Oleana, Huldresølv and Røros Tweed.  
 30 01.01 > 31.12 **NOK** -  
  
 🏠 **Lillings Garn og Vevstue** @ turidmo2@online.no  
 📍 Rik.Kaarbøsgt. 16, Harstad (+47) 77 06 67 90 🌐

19619

**TEQUILA SPORT** N6  
 The store with the widest selection of kayaks and canoes in the region. We will help you find the perfect equipment to suit your needs! Kayak, canoe and equipment rental is also available here.  
 30 01.01 > 31.12 **NOK** -  
  
 🏠 **Tequila Sport** @ post@tequila.no  
 📍 Storgata 13, Harstad (+47) 77 06 29 86 🌐 www.tequila.no

19079 © TEQUILA SPORTS

**ALTIPLUSS** N6  
 A certified accounting firm located in Strandgata. 22, 9405 Harstad - We know the local area - We pledge to maintain a high level of expertise - We are committed to professionalism.  
 30 01.01 > 31.12 **NOK** -  
  
 🏠 **Altipluss** @ post@altiplus.no  
 📍 Strandgt. 22, Harstad (+47) 77 00 20 90 🌐 www.altiplus.no

19848

**TO-FOTO AS** N6  
 To-Foto AS is 100% focused on photography-based products and concepts, and is continuously developing products to meet the growing needs of this challenging market.  
 30 01.01 > 31.12 **NOK** -  
  
 🏠 **To-Foto AS** @ post@tofoto.no  
 📍 Sjøgata 3, Harstad (+47) 77 04 06 00 🌐 www.tofoto.no

18857 © TO-FOTO AS, B. RASCH-TELLEISEN

**DNB NOR BANK ASA** N6  
 We offer a complete package of financial services. For both private customers and business customers, we offer: Loans, Savings, Insurance, Retirement savings, Financial planning, and much more.  
 30 01.01 > 31.12 **NOK** -  
  
 🏠 **Dnb Nor Bank ASA** @ -  
 📍 Sjøgata 5, Harstad 03000 🌐 www.dnb.no

19950

**VIZUELLI** N6  
 Your creative innovator!  
 Photo, film, digital copies, prints, web, social media.  
 30 01.01 > 31.12 **NOK** -  
  
 🏠 **Vizuelli**, Tunneset 10, Harstad (+47) 77 00 11 00  
 @ post@vizuelli.no  
 🌐 www.vizuelli.no

**SPAREBANK 1 NORD-NORGE** N6  
 The regional bank. We offer all services related to banking, insurance, savings and pensions.  
 30 **NOK** -  
  
 🏠 **SpareBank 1 Nord-Norge** @ -  
 📍 Strandgata 7, Harstad 02244 🌐 www.snn.no

18927

**ONE OF NORTHERN NORWAY'S TOP CLEANING SERVICES** N6  
 As a result of consistent development, we have gradually grown to become one of Northern Norway's largest companies in the field. We offer a wide range of cleaning services.  
 30 01.01 > 31.12 **NOK** -  
  
 🏠 **Rentex Harstad AS** @ post@rentexgruppen.no  
 📍 Havnegata 6, Harstad (+47) 77 00 11 70 🌐 www.rentexgruppen.no

19954

**HÅLOGALAND POWER AS**  
We spread positive energy. We brighten your day and simplify your everyday life by meeting your power needs in the region. Safer. Easier. Closer. And just as affordable. You are always welcome here.

30 01.01 > 31.12 NOK 0

Hålogaland Kraft AS, Rødbergveien 14, Harstad (+47) 77 04 25 00  
 hlk@hlk.no www.hlk.no



N6

**INVENTUM COPYSAFE**  
With more than 20 years of experience in the office supply sector, we are a secure and solid business partner for your company.

30 01.01 > 31.12 NOK -

Inventum Copysafe Seljestadv. 58, Harstad (+47) 77 00 24 40  
 post.harstad@inventumkjeden.no www.inventumkjeden.no



N6

**HARSTAD FOLK UNIVERSITY COLLEGE**  
We emphasise honesty, tolerance, community and equality. We provide opportunities for professional specialisation, awareness and personal development throughout the academic year. You are encouraged to take responsibility for yourself, your everyday activities and others.

30 - NOK -

Harstad Folkehøgskole Trondenesv. 110, Harstad (+47) 77 04 00 70  
 post@harstadfolkehogskole.no www.harstadfolkehogskole.no



N6

**HARSTAD SPAREBANK**  
The only bank with its head office in Harstad. Harstad Sparebank provides complete financial services, with savings, insurance, financing and leasing all gathered under one roof.

30 01.01 > 31.12 NOK -

Harstad Sparebank, Rikard Kaarbøs Pl. 2, Harstad (+47) 77 00 28 00  
 - www.harstad-sparebank.no



N6

## EVENT OVERVIEW 2018

	MONTH	EVENT	CONTACT
JANUARY	06.	New Year's Concert	www.harstadkulturhus.no
	07.	V65 Harstad Travpark	www.harstadtravpark.no
	13.-14.	HLC cup	www.facebook.com/kanebogenbtk/
	19.	The Harstad Conference	www.harstadkonferansen.no
	21.	V65 Harstad Travpark	www.harstadtravpark.no
FEBRUARY	23.	Career Day 2018 UIT	www.facebook.com/events/355981681489233
	01.-04.	The ILIOS festival	www.ilios.no
	04.	V65 Harstad Travpark	www.harstadtravpark.no
	06.	Sami National Day	https://no.wikipedia.org/wiki/Samenes_nasjonaldag
	18.	V65 Harstad Travpark	www.harstadtravpark.no
MARCH	25.	The Wizard of Oz (Norwegian)	www.harstadkulturhus.no
	04.	V65 Harstad Travpark	www.harstadtravpark.no
	05.	The Price, by Arthur Miller (norwegian)	www.harstadkulturhus.no
	10.	Terje Sporse, Religion	www.harstadkulturhus.no
	11.	Cruise ship docking, Saga Pearl 09:00 - 17:00	www.visitharstad.no
APRIL	17.	V65 Harstad Travpark	www.harstadtravpark.no
	18.	Vamp	www.harstadkulturhus.no
	06.	Ingrid Bjørnov	www.harstadkulturhus.no
	07.	V65 Harstad Travpark	www.harstadtravpark.no
	09.	When the Robbers Came to Cardamom Town (norwegian)	www.harstadkulturhus.no
MAY	14.-15.	Vårsprett Volleyball Tournament	www.tromsfinnmark.bedriftsidretten.no
	21.	V65 Harstad Travpark	www.harstadtravpark.no
	27.-29.	Contrasto Festival	www.contrastofestival.no
	05.	V65 Harstad Travpark	www.harstadtravpark.no
	17.	Norwegian Constitution Day	
JUNE	17.	May 17th café, on the schooner "Anna Rogde"	
	19.	V65 Harstad Travpark	www.harstadtravpark.no
	10.	V65 Harstad Travpark	www.harstadtravpark.no
	10.	Cruise ship docking, Seabourn Quest 08:30 - 15:00	www.visitharstad.no
	16.	Cruise ship docking, TUI Discovery 09:00 - 17:00	www.visitharstad.no
	19.	V65 Harstad Travpark	www.harstadtravpark.no
	23.-30.	Arctic Arts Festival	www.festspillnn.no
	23.	V65 Harstad Travpark	www.harstadtravpark.no
	23.	Cruise ship docking, Braemar 08:30 - 16:00	www.visitharstad.no
	23.	Festival church service in Trondenes Church	www.kiha.no
JULY	23.-30.	Seaman's Church service in Harstad Church	www.kiha.no
	25.	Cruise ship docking, Silver Spirit 08:30 - 16:00	www.visitharstad.no
	28.	Cruise ship docking, Seven seas Explorer 10:00 - 20:00	www.visitharstad.no
	28.-01.	Nordic meet, camper van association	
	28.-01.	Millionfisken fishing competition	www.millionfisken.com
AUGUST	01.	Cruise ship docking, Silver cloud 13:00 - 21:30	www.visitharstad.no
	01.	Nordic meet, camper van association	
	08.	V65 Harstad Travpark	www.harstadtravpark.no
	26.-28.	Mårkomeannu	www.mårkomeannu.no
SEPTEMBER	04.	V75 Harstad Travpark	www.harstadtravpark.no
	16.-18.	BAKgården Music Festival	www.bakgaarden.no
	18.	V65 Harstad Travpark	www.harstadtravpark.no
	19.	Cruise ship docking, The World 09:00 - 17:00	www.visitharstad.no
	30.-01.	Arctic wine festival	www.facebook.com/arktiskvinfest /
OCTOBER	15.	V65 Harstad Travpark	www.harstadtravpark.no
	06-07.	NKK exhibition	www.nkk.no
	13.	Cruise ship docking, TUI Discovery 09:00 - 17:00	www.visitharstad.no
	13.	V65 Harstad Travpark	www.harstadtravpark.no
	27.	V65 Harstad Travpark	www.harstadtravpark.no
NOVEMBER	Medio.	Arctic Moving Image & Film festival	www.amiff.no
	10.	V65 Harstad Travpark	www.harstadtravpark.no
	23.	Christmas tree illumination at Torvet, 18:00	
	24.	V65 Harstad Travpark	www.harstadtravpark.no
DECEMBER	01.	Ice Bathing Day Evenskjær	www.skanland.kommune.no/frivillighetssentralen.5894406-386476.html
	08.	V65 Harstad Travpark	www.harstadtravpark.no
	22.	V65 Harstad Travpark	www.harstadtravpark.no

### WHAT'S ON?

List of events available at **Visit Harstad**  
Tel. (+47) 77 01 89 89,  
post@visitharstad.no or  
www.visitharstad.no

Follow us on facebook, twitter and instagram!

Separate programme brochures are published by:  
**Harstad Cultural Centre,**  
Tel. (+47) 77 02 81 00,  
www.harstadkulturhus.no

**Arctic Arts Festival**  
Tel. (+47) 77 04 12 30,  
www.festspillnn.no

**Harstad Horse Racing Track**  
Tel. (+47) 77 07 25 00,  
www.harstadtravpark.no

Separate brochure for summer activities in May - September published by Visit Harstad.

# Welcome to the wilderness – in the middle of the city!

*At Harstad Wilderness Centre you can use the Sami tent, turf hut or banqueting hall – and we can tailor your event to your wishes! Are you looking for a unique experience with the northern lights dancing across the sky? A Sami evening in the Sami tent with great food, joik and storytelling? Why not eat dinner here one evening?*



## Activities we can offer include:

*Harstad package with quiz and entertainment from Harstad – Lasso throwing  
Clay pigeon shooting – Axe throwing – Shooting simulator –  
Christmas parties – and much more!*

### **Torbjørn's CATERING**

Our portfolio covers everything from smaller parties to large events. For many years we have provided culinary experiences for weddings, confirmations and other occasions. Dedicated game menu for events in the Sami tent and turf hut.



We offer a tasty, delicious menu based on the best raw ingredients from the nature of Northern Norway. We strongly believe that those who eat and drink well, live better. We also believe that it does you good to share a great tastes with others in cosy surroundings.



If you're seeking a special evening with a delicious dining experience, of high culinary standard, choose our menu, filled with dishes involving local raw goods. Our meals are prepared in an appealing and exotic manner, accompanied by appropriate wines. Our service will always be imbued by Northern Norwegian hospitality, in practice, in pleasant surroundings.

Contact Visit Harstad for an offer regarding your event!  
[www.visitharstad.no](http://www.visitharstad.no) | [post@visitharstad.no](mailto:post@visitharstad.no) | +47 77 01 89 89

Harstad villmarkssenter, Heggenkollen, Harstad



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